

AKL

Around Kirkby Lonsdale

December 2019

January 2020



Photo ©Danielle Owen-Jones 2019

**Monthly news and views of Christian Churches and community in the Rainbow Parish area;
a Rainbow Parish production**



Merry or Blue Christmas?

Have yourself a 'merry little Christmas' goes the song and by the time you are reading this you may have already had your fill of the jingles, advertisements and commercialisation that makes up our present-day experience of Christmas. It seems increasingly difficult to celebrate the birth of the Christ child in its simple, truthful essence.

For many who have happy experiences of childhood Christmases, the memories will be good, but the baby in the manger may only be one feature among many – the Christmas tree, Santa, carols, family, presents, parties and too much food and drink?

But for others whose memories of Christmas are not happy, they may dread the festive season where everyone else seems to be enjoying themselves. Their hearts may be heavy as they face another, or perhaps the first, Christmas without a special loved one, or in the knowledge of continuing sickness, worry or relationship breakdown. For some this will be a 'blue' not a 'merry' Christmas.

Whatever our situations, happy or unhappy, the emotions stirred at this time of year can prevent us from recognising the things that are inessential and appreciating the real gift that God offers with the coming of Christ into the world. Whether we think that the Nativity story is true or a fable, or a bit of both, or whether we think it is really all for the children, we can still enter somehow into the mystery and wonder of that first Christmas night.

Somewhere deep in us all is a secret hope, a longing perhaps, to somehow rediscover and experience that sense of awe and wonder that hovers around on Christmas Eve. When just for a moment, the world seems to pause - what if it is really, really true - God did

intervene in the affairs of humankind 2,000+ years ago.? The baby Jesus was Emmanuel – God with us, and the message of the angels 'to you is born this day ... a Saviour, who is Christ, the Lord' -offers a way forward? A way into light and hope and peace.

What would it look like if it were true, what difference would it, could it make?

For many of us in the twenty-first century life is all hustle and bustle – what's the next thing that must be done, are we running late? Pressure and stress, worry, anxiety and fear. Somehow, sometime over the coming weeks can I suggest you take a few minutes to pause, to draw breath, to contemplate and, yes, perhaps to wonder.

In St Mary's Church we have created an area of seating and soft lighting for just that purpose. We've called it 'Breathing Space'. A place to sit and draw in something of the stillness, quietness and beauty of this special building and maybe to enjoy a moment of tranquillity. There are leaflets, thoughts, poems and prayers which may help.

I wish everyone a peaceful, hopeful and refreshing Christmastide, and pray that the message of the angels – 'peace on earth and goodwill to all' – will spread across our communities, our land and the whole world.

Here's a Christmas prayer:

You came as a baby, Lord,
As a helpless little child
Who relied on a human family
To care for him.

You cried because you were hungry,
Because you were homeless,
Because you were a stranger,
Far away from home.

You still cry with hunger, Lord,
In the voices of many that are starving;
Your tears still flow:
For the homeless,
The lonely,
The forgotten.
You still rely on human families to care.

And so this Christmas, Lord, we pray:
Help us to be the kind of people
Who look for you in the world,
And joyfully discover you as we care for one another.

Amen. *Rev. Sue O'Loughlin*

The spirituality of play

October is a month where the family project has been filled with sacred moments that have come from engaging with play. Playing is something we all did as children; it enables creativity and imagination to flourish and opens our minds to engage with the intangible. Sadly, during adulthood our opportunities to play become less frequent. Some of us may play by having a sport hobby such as netball or running. Yet, this type of play can still come with a structure or rules. Structured play such as this is good for us ; it increases our heart rate which is good for our physical health. It can help us connect with people who have this shared hobby or interest, combating loneliness and helping our mental health. Yet free flowing, imaginative and unstructured play is harder to find beyond school age.

Messy Harvest, which happened mid-October, had moments of this unstructured play. Adults and children alike picked up playdoh to create shapes. Some made food shapes which were related to the theme of harvest. Yet others simply sat allowing their imagination to make something different, using their hands as tools to sculpt and shape almost without thinking. As this happened, conversation flowed naturally and a sense of peace and calm descended on the faces of adults who were unknowingly resting through this action of play. As an observer this seemed a sacred moment; a moment where play enabled the peace that I associate with God to be felt perhaps momentarily by the person in play.

Graveyard Stories also provided opportunities for families to play. The different activities were structured but allowed space for creative play to flow through each individual as they made prayer wands and decorated bat biscuits. However the real playful enabler was the storyteller. Alongside the quiet that comes when a story is about to begin, there were murmurs of interest as well as bemusement. These slipped away as people became captivated by her playful art form. Her stories brought the laughter and humour of God into the night.

There is the oxymoron of a comfortable unpredictable element to listening to a storyteller. Not knowing the shape of the story is both captivating whilst also leaving the listeners on tenterhooks. The moment of not knowing what comes next enables a space for wonder. This moment of play seems to echo the ongoing reality of those who hold a faith; the oxymoron of both the struggle and comfort that one can find in wondering about an intangible being. Although holding a faith is about having knowledge, I think it is more about being comfortable in the space of wondering. Wondering isn't a sign we don't know the details; it is about acknowledging the element of mystery and unpredictable parts of creativity or in a faith context, the Creator.

A key part of play is imagination. Too often, we forget the power and importance of imagination. Einstein recognised the limit of knowledge when he said: 'Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.' When we allow ourselves to play, tapping into our imagination and into the intangible, we enable moments to occur that aren't quantifiable but are very precious and at times sacred. This Christmas period, amongst the busyness, maybe we should spend some time playing and allow ourselves to be open to meeting with the fun loving, peace bringing, wonder giving Creator.



Making lanterns

Christmas Starts Here!



Are you ready for a magical KL Christmas?

The netball teams are trying on angel wings and making halos out of netball hoops. The design students at QES Studio are transforming paper and card into magical topography and Little Owls are busy with the gold spray. Valerie in the bookshop is collecting wands and spells to turn the ginnel into a Hogwarts Christmas, while the grotto inspectors are making daily checks that Santa will fit into his new grotto (there's a rumour that the elves have banned mince pies till Dec 6th).

We all know Kirkby Lonsdale is a magical place to live but from December 6th-8th the department of magic will raise its game. The market stalls will become chalets overnight, and delicious food and beautiful gifts will light up their interiors. A pop-up gift market will illuminate Lunesdale Hall, with artists and artisans creating some sparkling presents. There will be angel-white milk floats and berry-red wine stalls and a street food in all the classic shades and smells of Christmas. Expect music in the form of drum and pipe bands and buskers and the home-grown choir. We may even slip in a bit of opera. There will be light...oh there will be so much light you'll need Christmas pudding shades!

Basically you won't be able to move for families having fun, especially during the parade, at 2pm each day. This will, of course, star Santa, his elves and maybe even a strolling Christmas tree or two. But we still need you to make it really special. Pop on your Christmas jumper, grab kids, grandads and dogs, and head down to the high street and Market Square for three daily chances to inject some Christmas magic into December. The fun starts at 4pm on Friday and ends when Santa's had enough of kids and cakes on Sunday afternoon. There's a free park and ride from the Rugby Club throughout the weekend.

If only every day could be the Kirkby Lonsdale Christmas Fair! **Kirstie**

Friends of St Mary's

This is a last reminder about our BRIC-A-BRAC STALL! It takes place in St Mary's Church on: Friday 6th Dec, 10.00 a.m. until 5.00 p.m., Saturday 7th Dec 10.00 a.m. until 5.00 p.m., along with the Unwrapping Advent Event and on Sunday 8th Dec 12.30 p.m. until 5.00 p.m.

This notice serves as a reminder in two ways: firstly to remind you that there is still time to bring good quality bric-a-brac for us to sell, and secondly to remind you to come along, see what we are selling, and find something that is perfect for you!! We serve tea, coffee and home-made cakes all weekend!

Pat France, Chairman of the Friends of St Mary's

A WARM WELCOME TO OUR CHRISTMAS FAIR

FREE PARK AND RIDE

GUIDED LANTERN WALKS THROUGH THE TOWN

LIGHT SHOW IN THE MARKET SQUARE

NOT TO BE MISSED

FATHER CHRISTMAS IN HIS GROTTTO
PARADES THROUGH TOWN SATURDAY AND SUNDAY
FESTIVE FOOD, MULLED WINE, HOT CHOCOLATE
FESTIVE ACTIVITIES AND CRAFTS FOR ALL THE FAMILY
INDOOR AND OUTDOOR MARKETS, ALONGSIDE OUR UNIQUE HIGH STREET SHOPS
MUSIC, CAROLS AND FESTIVE CHEER ALL WEEKEND

Find full details included programme of events at
<https://www.kirkbylonsdale.co.uk/xmas>
Kirkby Lonsdale LA6 2AH 015242 79177

THE CHURCH OF ENGLAND

Rainbow Team: Rector: Revd Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, LA6 2BA, 015242 72044, rector@therainbowparish.org. Team Vicar: Revd Wendy Thornton, The Vicarage, Vicarage Lane, Kirkby Lonsdale LA6 2BA, 015242 73570, wendy.thornton@methodist.org.uk. Team Vicar: Revd Anne Pettifor, Stonebeck, Fairbank, Kirkby Lonsdale LA6 2DU 015242 71904, anne@therainbowparish.org. Distinctive Deacon: Revd Sue O'Loughlin, Elm Cottage, Elmsfield Lane, Holme, LA6 1RN, 015395 84028, sueoloughlin.so@gmail.com. Lay Readers: Mrs Liz Dew, 9 Burton Park, Burton in Kendal, LA6 1JB, 01524 781645, mrs.lizdew42@outlook.com; Mr Alan Cox, Stedman House, 3 Hunter St, Carnforth LA5 9BP, 01524 735188, stedmanhse@gmail.com. Parish Administrator: Mrs Vicky Hazlett, Parish Office, 1 Bective Road, Kirkby Lonsdale, LA6 2BG, 015242 71320, office@therainbowparish.org. PCC Lay Chair: Mr Merlin Hibbs, Low Fell House, Barbon, LA6 2LJ, 015242 76410, merlin@hibbs.org.uk. PCC Treasurer: Mr Robert Cass, 17 Mitchelgate, Kirkby Lonsdale, Carnforth, LA6 2BE, 015242 71218, pcc@casses.plus.com.

Barbon: DCC Secretary: Mrs Mary Goldie, 11 The Maltings, Whittington, LA6 2NJ, 015242 73839, marygoldie@icloud.com; DCC Treasurer: Mr Roger Groves, Kemp's Hill, Moorhwaite Lane, Barbon, LA6 2LP, 015242 76322, roger@kempshill.co.uk. Churchwarden: Mr Charles Howarth, 3 School Lane, Barbon, LA6 2LP, 015242 76283, c-howarth2@sky.com.

Casterton: DCC Secretary: Mrs Gill Sykes, Old Manor, High Casterton, LA6 2SD, 015242 72143, gillsykes.casterton@virgin.net. DCC Treasurer: Mr Tom Herd, Casterton Cottage, Casterton, LA6 2SF, 015242 71203, tom.howgill1@btinternet.com. Churchwarden: Stephen Evans, The Old Vicarage, Casterton, LA6 2SA, 07973 173546, stephen@evanshart.co.uk.

Hutton Roof: DCC Treasurer: Mrs Paula Hall, Kilnerfoot, Hutton Roof LA6 2PQ, 015242 71268, phall355@btinternet.com

Kirkby Lonsdale: DCC Secretary: Ms Diane Nowell, 57 Fairgarth Drive, Kirkby Lonsdale LA6 2FB, 015242 73636, diane@copywritten.co.uk. DCC Treasurer: Mr Tom Herd, Casterton Cottage, Casterton, LA6 2SF, 015242 71203, tom.howgill1@btinternet.com. Churchwardens: Mrs Anne Foulerton, Gatelands, High Biggins, LA6 2NP, 015242 71281, afoulerton@hotmail.com; Mrs Maggie Venys, 8 Bective Road, Kirkby Lonsdale, LA6 2BG, 07980 009162, t_mvenys@icloud.com.

Lupton: DCC Secretary: Mrs Eleanor Higton, Hill Crest, Cow Brow, Lupton, LA6 1PJ 015395 67521, eleanor_higton@yahoo.co.uk. DCC Treasurer: Mr Arthur Oakden, Tarnside House, Lupton, LA6 2PP, 015395 66945, lindseyoakden@hotmail.co.uk. Churchwardens: Mrs Margaret Lambert, Brow Head, Cow Brow, Lupton, LA6 1PJ, 015395 67478; Mrs Grace Lewis, Middle Fell House, Lupton, LA6 2QB, 015395 67406.

Painting Demonstration

Kirkby Lonsdale Art Society meets on Thursday evening at 7.30pm in the winter months, at the Methodist Hall. In January there will be a demonstration open to non-members. The details will be available in the TIC in January, and on the KLAS Facebook page www.facebook.com/KirkbyLonsdaleArtSociety/. Admission £2. Why not come along and see what the society is all about? New members are always welcome, so if you fancy joining the group, membership is £15 per year and includes entry to the annual exhibition at St. Mary's Church. You can contact the secretary Rosie on 015242 62711 or rosemaryjackson@yahoo.co.uk

Mansergh: DCC Secretary: Mrs Sue Harrison, Belle Vue Farmhouse, Mansergh, LA6 2EJ, 015242 72448, harrison.bellevue@btinternet.com. DCC Treasurer: Mrs Ann Humphries, The Gate House, Old Stable Yard, Rigmaden, Mansergh, LA6 2ET, 015242 76526, ahumphries500@gmail.com. Churchwardens: Mrs Wendy Hadwin, Mansergh Hall Farm, Mansergh, LA6 2EN, 015242 71397.

Middleton: DCC Secretary and Treasurer: Mrs Anne Dehany, Smailthorn, Middleton, LA6 2LY, 015242 76075, anne.dehany@gmail.com.

Preston Patrick: DCC Secretary: Mrs Valerie Kos; DCC Treasurer: Mrs Tina Allen, 3 Gatebeck Cottages, Gatebeck, LA8 0HR, 015395 67687, tina.allen812@gmail.com. Churchwardens: Mr Anthony Mason, Mount Pleasant, Gatebeck, LA8 0HS, 03301135289, masonsmp@btinternet.com; Mrs Sue Sanderson, The Old School, Knott Edge, Crooklands, LA7 7NR, 015395 66967, susansanderson@live.co.uk.

C. OF E. SCHOOLS: St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

CHURCHES IN LUNESDALE FAMILY PROJECT: Project Leader Miss Lol Wood, 07413 689311, lol@cilfamilyproject.org.

THE METHODIST CHURCH: Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

ST JOSEPH'S RC CHURCH: Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Canon Luiz Ruscillo, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

FRIENDS' MEETING HOUSE: Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden 015396 20005.

VOLUNTEER DRIVER SCHEME: 07788 52 25 11

CUMBRIA POLICE: Emergency 999, non-emergency 101

Deadline for Feb AKL: Midday Wed 15 Jan

Please email submissions to akl@kirkbylonsdale.co.uk.
Editorial matters: Contact the editorial team at akl@kirkbylonsdale.co.uk

Advertising: For classified accounts, email akladverts@gmail.com.

For **colour ads and all other advertising matters:** email akladvertising@kirkbylonsdale.co.uk.

Sip Our Soup Lunch

Friday 31 January 2020

The Kirkby Lonsdale Branch of the RNLI invite you to join us at our annual Sip Our Soup lunch at the Lunesdale Hall on Friday 31 January 2020 from 12 noon to 2pm. The cost for a choice of delicious homemade soups with a roll is £5 payable on the door and includes tea or coffee and homemade biscuits. There will also be a raffle and produce stall.

Please do join us and bring your friends.

The Rotary Club of Lunesdale

You may recall that in the November edition I mentioned the work of the hospital ship 'Africa Mercy' On 3rd Nov, the TV channel Quest televised a fascinating programme about the ship, its staff and the incredible medical procedures, many life-saving, carried out on board. The highlight of the past month was a visit by members plus partners and friends to the Grand Theatre in Lancaster to see a production of The Vicar Of Dibley. It was very funny and thoroughly enjoyed by all - a great night out. Thanks to President Dave who organised it.

The Christmas sleigh schedule is as follows with each journey starting at 5.30pm. Monday 9 Dec—Ingleton, Tuesday 10 Dec—Burton-in-Lonsdale, Wednesday 11 Dec—Caton, Thursday 12 Dec—Brookhouse, Friday 13 Dec—Kirkby Lonsdale, Monday 16 Dec—Bentham, Tuesday 17 Dec—Holme (1), Wednesday 18 Dec—Holme (2), Thursday 19 Dec—no allocation, Friday 20 Dec—Wray and Hornby.

As always listen for the music which tells you that Father Christmas and the sleigh is approaching. Please do come out to greet him and say "Hello". We shall also be collecting outside Booths store in Kirkby Lonsdale on the Saturday before Christmas and hope to see you then. Proceeds from all these collections go to deserving local causes.

It has been a busy and rewarding year for the Club with excellent speakers on a variety of fascinating subjects plus some interesting outings. On behalf of President Dave and all the club members may I say a huge thank you for the constant support you have given your local Rotary Club. Many local causes have benefitted from your generosity and are truly grateful. Now we look forward to another interesting and enjoyable year.

With best wishes for a Happy Christmas and a Happy Peaceful 2020 Lilian.

Stop press. The Rotary Children In Need collection outside Booths store Kirkby Lonsdale on Friday 15th November raised an amazing £1,050. This money is paid into the Rotary Children In Need a/c set up by the BBC as a partner for the event. A big thank you to everyone who put a donation into our collection buckets.

Antique Fair

The last scheduled regular fair of this year will take place on 14th December in Barbon Village Hall. We would like to wish all our friends and supporters a very happy Christmas.

2020 dates: 8th Feb, 7th March, 11th April.

Casterton WI

Twenty-five members were welcomed to Casterton Village Hall for the November meeting. Two members were congratulated on their exceptionally long membership of WI - 40 and 30 years respectively – and were presented with certificates. Glasses of bubbly were raised in a toast to their achievement and to celebrate Casterton WI's Centenary, shortly coming to a close. A group photograph was taken after members had been satisfactorily arranged into two rows so that everyone could be seen. It will be interesting to see the result.

A team from Casterton WI claimed second prize at the Annual Federation Quiz, held in Sedbergh. The programme for 2020, covering a wide range of subjects and speakers, was announced and promises to be very exciting. The monthly meeting was followed by the Annual Meeting when the financial and various other reports were read out before the election of next year's president took place. Gill Sykes will continue in the position and was thanked for her hard work during the past years. The meeting ended with a Jacob's Join consisting of an appetising spread of savouries and sweets which were enjoyed with a cup of tea.

Next month the meeting will take place on Wednesday, 4th December, at 7.30 p.m. in Casterton Village Hall when Celia Ketchell will be speaking about British Folk Songs – a pre-Christmas treat.

The Big Vision update

Since the last AKL was published we have continued our consultation and engagement with members of the public and the community. We have met with members of the Town Council and the Civic Society and have hosted a group of students from QEstudio who are giving us their views and ideas about how they would like to see the town's Church buildings and their surroundings used for greater community benefit in the future.

Our task now is to analyse all the feedback and the views which have been expressed and identify a number of key areas which we will then take forward and explore in more detail. We hope to complete this process shortly.

If you would like to know more about The Big Vision you will find a lot of information, including the community feedback, on our website www.thebigvision.org.uk. Alternatively, please have a word with one of The Big Vision Project Team - Rev Richard Snow, Rev Wendy Thornton, Rev Anne Pettifor, Anne Foulerton, Merlin Hibbs, David Dalgoutte, Mike Cunningham and Peter Gregson (Chair) .

KL and District Civic Society

The December Talk in the winter series is on Monday 9th December: A Hotbed of Communist Activity - Howtown, the Red Menace and M15 during the summer of 1940 by Rob David. Rob is well known to us. His current research into Cumbria's welcome to refugees during the 1930s and 1940s led to the discovery of the subject of this lecture. We await to hear this fascinating story.

The series continues into the New Year on Monday 13th January with Mike Winstanley's lecture on Crime and Policing in the Lune Valley in the 19th century. Mike is well known to us and we look forward to his lecture about the patterns of crime across the 19th century and the forces raised to tackle it. The talks take place in Lunesdale Hall at 7.30 pm followed by tea and biscuits. There is a small admission charge.

Cllr Suzie Pye

With the weather turning cold, wet, and wintry over the coming weeks and months, I thought it might be useful to share the following:

Potholes: Road surfaces often suffer at this time of year as a result of wet and freezing weather. Cumbria Highways rely on members of the public to report these faults either online at cumbria.gov.uk or via the Highways Hotline on 0300 303 2992. If you notice a new or existing pothole, please do let them know. You can also report empty or missing grit bins in the same way. Of course, I am always happy to report faults if you prefer (I am well practised!) just let me know!

Cold to Cosy Homes: At SLDC we are supporting a free project to help residents struggling with cold and draughty houses. Launched recently by Cumbria Action for Sustainability (CAfS), this new service offers free advice, energy-saving equipment and other practical help. Its advisors visit homes to recommend energy saving measures including LED light bulbs, draught exclusion and radiator reflectors that are free of charge.

The eligibility criteria for the scheme is really broad and I am keen for people to know that, if they have health problems, are benefits (inc child benefit), or have a relatively low income, they will probably qualify for this help. A quick phone call to CAfS on 01768 210276 is all it takes to find out and to get things moving. Or visit www.cosyhomes.org.uk

Please contact me with any issues you may have
suzie.pye@southlakeland.gov.uk 07584 528 462

I wish you all a very Merry Christmas and a Happy New Year! Cllr Suzie Pye

Christmas Fair and Raffle

Friday 6th December 6-8pm at St Mary's School. All welcome! St Mary's Primary School PTA are incredibly grateful to the local businesses and supporters who have generously donated a fabulous range of raffle prizes for our Christmas Fair raffle this year. So far, we have had prizes donated by: The Highwayman; J E Hadwin (Mansergh Hall); Logs Direct; Yoga by the Lune; the Sun Inn; Garth's Turkeys; Plato's; Little Walkers; the Royal Hotel; Little Owls Emporium; Westmorland Veterinary Group; the Kings Arms; Longlands; Encanto; Davis & Bowring; Pretty Pinkies; Dales Butchers; The Orange Tree; Kitriding Farm Shop; Devils Bridge Snacks; Able Memorials; Thomas Hayton Winkley; Mirror Mirror; Moo Maas; Mansergh Hall Hog Roast; The Milking Parlour; Gemma & James; Number Forty Four; and Dalescrest Travel.

Our Christmas Fair Raffle Tickets cost £5 per book and will be coming home with Children in their bookbags for family and friends to buy, they will also be available to buy from any PTA members, teachers & parents you can find in and around Kirkby Lonsdale! The raffle will be drawn at the St Mary's School Christmas Fair, which will be held 6-8pm on Friday 6th December. Thank you to all who support our fundraising events. All proceeds go towards supporting our children's learning and education.

Guided Vault Walk

As you may be aware, five volunteers from The Kirkby Lonsdale Tourist Information Centre were recently trained as town guides under the exacting eye of Kirkby's own Tess Pike. Tess has worked as a Blue Badge Guide for 25 years, both guiding and training, and we were extremely fortunate to have her overseeing this project and we are grateful to Janet Nuttall, Town and Tourism Manager, for bringing the whole scheme to fruition.

The guided walk is based around the short films shown in the Tourist Office's Vault which explore some of the stories and characters from Kirkby's past. We hope that the walk will be of interest, not only to the many visitors who come to Kirkby, but also to our local residents who would like to learn a little more about their town. The walks will begin in January and dates will be advertised at the Tourist Information and around town, so please do look out for further information in the New Year and join us on our new adventure!

Suzanne Sutton

Festive library events

Author event : 'Ghosts of Christmas Past'

Thursday 5th December at 7pm

Join local author Jean Briggs for an atmospheric evening of chilling Dickensian tales, followed by some warming festive treats. Tickets £1 available from Kirkby Lonsdale library 015242 71386.

XMAS THANK YOU TO OUR CUSTOMERS

Join us for Festive Refreshments on Thu 19th Dec from 10.00-12.30 at Kirkby Lonsdale Library.

Caring at Christmas

Spending quality time with family and friends is something that many people look forward to the most during the festive season. But what about those in our community who have no family and friends to enjoy the festivities with?

The nature of my role as co-founder of Just Company means spending a lot of time with the elderly and those who feel lonely. I've seen first-hand the detrimental effects that isolation can have on a person. However, there are some easy and practical ways that we can all make a real difference to the lives of our local community and neighbours this December.

You could pop round to a neighbour and have a chat over some festive treats, such as mince pies and hot chocolate. Or perhaps accompany them to a event, like a carol service or a community Christmas dinner. You could even invite someone along for dinner on Christmas Day who would otherwise be on their own all day.

The thought of people feeling lonely at Christmas is heart-breaking. Let's all do everything we can to make sure we're helping those in our community who are at risk of loneliness and isolation this December.

Vivienne Pike, Just Company

Used Postage Stamps

This is the time of the year when I put out an SOS on behalf of the Air Ambulance for your used British and foreign postage stamps – which have a significant value. So, as a gift in appreciation of what the Air Ambulance does for our communities, please, please save all the stamps you receive for Christmas and throughout 2020. Just a small number are of real value.

Thanks to Shirley for maintaining a collection point at the Kirkby Lonsdale Library.

Thank you. Alan Day (71715)

View From The Bridge

As 2019 draws to a close it certainly has been a year of highs and lows. The increased police presence around the town in the lead up to the Appleby Fair proved to be effective and fewer incidents were recorded than in previous years. Let's hope we get the same level of support in 2020.

After many years' absence in KL the WI are back and meeting monthly at the Lunesdale Hall, may they go from strength to strength. The Play Partnership also sees a revival, and if you feel you can contribute and help to update our play park please contact Cllr. Marie Batty. Thanks to the CIC/Tourist Information Centre we now have five fully trained Blue Badge Town Tour Guides and with the 'The Vault' we can present the history of the town and its characters in a more professional way.

We start off 2020 looking for a new Councillor; Mrs. Sheena Pring is standing down and we wish her well in her new ventures. The vacant position will be advertised on the town's notice board in due course so there should be no call for an election. There hopefully will be a lot to report in later additions of our new look AKL.

I would like to pass the town's thanks to Andy for keeping our streets spotless and the many other people, too many to name who work tirelessly to make and keep KL the idyllic place it is.

I would like to pass my personal thanks to everyone for your support over the past few weeks.

Best wishes for 2020, **Cllr. Geoffrey Buswell**

Vault films

The Vault goes from strength to strength and is popular with visitors. Two special films to mark Remembrance Weekend were introduced into the installation in the week leading up to November 11th. The ten-minute films were triggered by poppies and joined the other objects in the former bank vault for visitors to interact with in the week leading up to the weekend. In the first film, Audrey Phillips told the story of her blacksmith father Jonty Wilson's experience of the Great War. In the second film, George Harrison told of his father's experience of the Great War, the role of his grandfather in the territorials pre-WW1 and his own experience of WW2.

Volunteers needed

Could you contribute to the success of the Information and Gift Shop in Kirkby Lonsdale? The shop and visitor centre is looking for new volunteers. You need to commit to at least two shifts a month. Full training will be given. Contact Janet Nuttall on 015242 97177.



QESstudio/QES became the 'Lead Careers School' for the South Cluster in January 2019 and we are now working alongside Cumbria Local Education Partnership Enterprise Advisor Roger Wilson to develop an Employer Engagement Strategy to further enhance our Careers Hub. Thanks to Roger for all his hard work and support!

Employer Engagement: It's been a great start to the year! Here's just a snapshot of what's been happening. Year 11 Health students visited the University of Cumbria Midwifery unit to see the birthing simulator in action, learning about all various stages of labour. Year 10 Engineering students enjoyed an interactive workshop at Atkinson Vos in Bentham, learning about levers, gears & pneumatics.

The Princes Trust visited our school and worked alongside our Countryside Skills students to deliver the Achieve Programme. The British Association of Shooting & Conservation (BASC) gave a presentation to our Year 10 Countryside Skills students about Gamekeeping and career aspirations.

Apprenticeship Evening: Our first event in our new building was a great success! With 28 employers & training organisations in attendance, there was something for everyone!

We would like to express our sincere thanks to our all Professional Partners for attending our Celebration Breakfast on Sat 5 October and to the local community for taking the time to pop in and find out what we're all about. It was a fantastic day!

For information relation to QES, QESstudio and the Lunesdale Sports Centre, within the Lunesdale Learning Trust, please visit the attached links:-

<https://moodle.queenelizabeth.cumbria.sch.uk/>
<https://www.qestudio.org.uk>
<https://www.facebook.com/lunesdalesportscentre/>

The Book Lounge

Change of opening hours. During January up to February half term I'll be reducing my opening hours and be closed on Sundays.

Monday to Saturday 10.00am – 4.30pm; Sundays – closed. Last drinks will be served at 4.00pm. I will be open on Sundays again on 16th February.

Wishing you all a very Merry Christmas and a Happy New Year.

Kirkby Lonsdale Brass Band

Your Town Band is 198 years old and one of the oldest in the country. It is a main contributor to community events - Remembrance Sunday, Christmas, Good Friday, sports days and even weddings! We started our Brass Band Contest in 1988 and it has become a very successful annual event. The Band has achieved success in national competitions reaching the National Brass Band Championships Finals five times. Some of our players have gone on to great success in other musical groups including the major orchestras and bands in the country.

BUT now we need new blood! We urgently need cornet players and – in particular – an experienced player. We also need a percussionist as Mel has moved away from the area. Other players are also welcome.

In 2016 we started a training group. It's still open to all ages! It's still free! Some of this group are now playing in the band. We would love to see those players who are learning to play and other local schools too. We would like to have young players to form a feeder band and to be able to perform as a group by themselves. To this end we hope to be running a workshop, instructed by professional players, for local primary schools in the New Year.

Please support your town band. Come and join us. Start from scratch or rekindle an old interest. Rehearsals are at KLRUFC on Monday evenings. The training group meets at 6.30 pm. The Brass Band rehearsal follows at 7.30pm. Bring us your talent and enthusiasm and help us celebrate 200 years in 2021. It's better than watching the telly! **Allan Greenwood**

Elf Run

On Saturday 7th December, Casterton, Sedbergh Prep School will be holding an Elf Run at 9.00am to raise money for St John's Hospice. This will take place on the Sports Fields in Casterton and children aged 9 and below (and their families) are invited to come along and see how many laps they can compete. Every child will receive an elf hat on the day but please feel free to get into the festive spirit by wearing your Christmas outfits, jumpers or decorations!

Please register in advance if you would like to join in, by emailing Emma Goligher at emma.goligher@sedberghprep.org or telephone 015242 79200. You will be sent a sponsorship form and envelope in advance, to return on the day with your sponsorship money. Everyone will receive a drink and biscuit after the run, which will finish in time for the Saturday morning start of the Kirkby Lonsdale Christmas Fair. For more information about the amazing work done by St John's Hospice please visit <https://www.sjhospice.org.uk/>

KL and District Civic Society

There's a New Green Heritage Plaque in Town!

The plaque commemorates the life of Jonty Wilson, blacksmith, antiquarian & broadcaster, who worked in the Fairbank Smithy for over 50 years. Jonty learned his trade as an apprentice on the Underley Estate and after service in WW1, he returned to Kirkby Lonsdale and took over the blacksmith's shop on Fairbank. With the advent of the motor car, Jonty diversified by teaching horse riding, lecturing and giving broadcasts for the BBC. In 1954 he co-presented a series of 8 programmes entitled 'The Old Straight Road—a horseback holiday', with Nancy Spain and John Peel, following their pony trek along the Fosse Way from Lincolnshire to Devon. He also contributed later to 'Holiday Hour' and 'Woman's Hour' on the Light Programme, as well as to 'Pony Parade' and 'Open-air Holidays—let's go riding' on the Home Service. There is currently a short video, featuring tales and photographs of Jonty, available to view in The Vault at the Tourist Information Centre on Main Street.

The Fairbank Smithy has had many uses over the years and is now a Grade II Listed Building within the Kirkby Lonsdale Conservation Area, with its original stone walls and main doors which still hold a record of graffiti from the past. If you have any tales or reminiscences of Jonty or the Smithy, please contact the Civic Society via our web site www.kirkbylonsdalecivicsociety.org.

The Civic Society would like to thank the following for their help & co-operation in the provision & fixing of this plaque:- the building's owner and agents Davis & Bowring, the current occupier Toubas Barber, Mrs. A Phillips and Mr. A Cox. Do go and read the plaque and imagine what a hive of industry the Smithy must have been.

David & Miriam Stocks

Haffner Orchestra

Saturday 8 February 2020

7.30pm, Ashton Hall, Dalton Square, Lancaster

Conductor: Jonathan Lo

Leader: Julian Cann

Pre-concert talk by Jonathan Lo at 6.30pm

Adult: £14.50 18 yrs. and under: Free

Students and benefit claimants: £5 on the door

Buy online: www.haffnerorchestra.org

Ring: 01524 582394 (credit card sales)

Christmas Concert

Kirkby Lonsdale Brass Band Christmas Concert Saturday 21 December St Mary's Church 4.30pm. Please join us for this traditional event in Kirkby's festive calendar.

Bereavement Support Group

Starting in January we shall be exploring The Bereavement Journey, a six-session course on the experience of bereavement. Working through grief takes a long time and no two people have the same loss or the same journey. The sessions will look at:

Understanding loss; The pain of grief – how it feels; The pain of grief – how we deal with it; Coping with change; Moving on; and an optional session on Faith Questions.

Our first session will be at 11am in St Mary's Church on Thursday 16th January 2020 and the future dates will be available then. The course is non-denominational and is not 'religious' – it is about the experience of grief and ways to cope. We will also meet for coffee and chat in December at 11am on the 12th, so if you would like a 'taster' of our group please join us then.

If you have any questions or would like more information please ask or call me on 015395 84028 or email sueoloughlin.so@gmail.com

Rev. Sue

Festive Music

Tuesday 10th December 2019, 7.30pm Holy Trinity Church, Casterton.

Join Kirkby Lonsdale Singers and Sing Joyfully! for 'A Living Christmas', a concert of seasonal music by contemporary British composers. All Welcome. Free Admission. Retiring collection.

Sunday 8th December 2019, 3.30-4.30pm St Mary's Church, Kirkby Lonsdale.

Kirkby Lonsdale Singers, Sing Joyfully! and the Junior Chamber Choir of Sedbergh Prep School present 'A Christmas Concert'. Join us for this informal concert during Kirkby Lonsdale's Christmas weekend event. All welcome. Admission Free. Refreshments available.

Retiring collection for church funds.

Messy Church 2020!

A new year of Messy Church starts in 2020—we've had such a great response and are looking forward to welcoming even more families to these sessions that are focused on fun, food and friendship. Join us at KL Methodist Church and let's get messy!

Sunday 19th January 4-6pm

More dates scheduled throughout 2020. Contact Lol at lol@cilfamilyproject.org for more information.

The Rainbow Parish

Lupton

December services: Sun 1st Dec 10.30am at Preston Patrick Church. This is a combined service with the Rainbow Parish for Advent. Sun 15th Dec 9.30am morning service. Sun 22nd Dec 2pm Nativity service performed by the children followed by mince pies. Tue 24th Dec 11.30pm Midnight Communion. Sun 16th Feb at 4pm for our Christingle service. Sun 5th Jan at 11am New Year Service followed by lunch for everyone at Brow Head. Our Patronal Festival was so good with the Brass Band cheering us with their beautiful music. Readings by the congregation and thoughtful explanations to inspire. Thanks to all. Jumble Sale made £280.00 so many thanks to all who contributed. We now have lovely flowers which have sprung up in the remembrance gardens - thanks Peter they look very good.

Mansergh

Fri 6th Dec is the night for Mansergh's Domino Drive in The Community Hall! Come along for 7.30pm start. Prizes, raffle and refreshments. Do bring all the family, everyone welcome. Always a fun evening. Thu 19th Dec is the evening for the Mansergh Carol Service in St. Peter's, Mansergh. The service starts at 6.30pm and will be followed by mulled wine and mince pies in the Community Hall. 'Herbal Medicines: Then and Now' is the title of this season's illustrated talk by Mike Hall. This will be on Fri 24th Jan at 7.30pm in Mansergh Community Hall. Those of you who have been to his talks before will know that he never disappoints.

Sun Inn Award

The Sun Inn has been revealed as one of the UK's best destinations for those wanting to enjoy a getaway with their four-legged friends in the I Paper's Staycation Awards 2019. The awards ceremony took place in London on Thursday, 21st November, where The One Show and Countryfile presenter, Matt Baker, announced the winners. The Sun Inn was previously named as one of the top 10 most dog-friendly venues in the UK by Country Life magazine. It also received a Highly Commended award from Visit England's 2016 Awards for Excellence in the Dog-Friendly Business of the Year category.

Hornby Ramblers

The first walk of 2020 will take place on 11th January from Hornby car park at 9.30am (5-mile route tba).

Casterton

Our Remembrance Day service was sensitively conducted by Alan Cox. It was well-attended and everyone enjoyed tea and biscuits afterwards in the Village Hall.

Events in December and January are: Fri 6th Dec 7 - 8pm Informal Carols with Casterton, Sedbergh Prep School. It is a free event with festive refreshments and a retiring collection will be taken in aid of Holy Trinity. Tue 10th Dec 7.30pm join Kirkby Lonsdale Singers and Sing Joyfully! for 'A Living Christmas', a concert of seasonal music by contemporary British Composers. All Welcome. Free Admission. There will be a retiring collection in aid of Holy Trinity. Sun 15th Dec 5pm Village Carol Service. Wed 25th Dec 10.30am Christmas Day Holy Communion. Sun 26th Jan 10.30am Holy Communion.

There will be a Christingle service with Casterton, Sedbergh Prep School in January or February. Please look out for notices.

Middleton

The Domino Drive and Potato Pie Supper was held in November. Thanks to everyone who made the delicious food, helped serve, wash up, and came to support us. Our Carol Service will be held on Mon 16th Dec at 6.30pm. All welcome. Refreshments will be served afterwards.

The monthly Tuesday coffee mornings will be held in the Church from 10-11.30am on the 3rd Dec and 5th Jan.

Brewery biking challenge

Stuart Taylor of Kirkby Lonsdale Brewery and The Royal Barn has cycled more than 5,000km (3,107 miles) in a bid to raise money for Prostate Cancer UK. His fundraising total currently stands at £4,230. Stuart completed the Dales Divide (600km), the Italy Divide (1,150km), the Lakes and Dales Loop (315km), South Lakes Jenn Ride (160km) and the Silk Road Mountain Race in Kyrgyzstan (1,700km – and dubbed the toughest bikepacking race in the world!) He also completed part of the 400km Highland Trail and the 240km Capital Trail.

Lupton Carol Singing

Tue 17th Dec at 7pm from the Church Car Park, finishing at Middle Fell House for a meal. Wed 18th Dec at 7pm from the Plough Car Park finishing at Brow Head for a meal again. All help with the singing much appreciated! Bring a flashlight.

December Services

1 Sun ADVENT
Kirkby Lonsdale

8.30am Holy Communion
10.30am Rainbow Service
at St Patrick's, Preston Patrick
6.30pm Advent Lights with QES

Preston Patrick
Lupton

10.30am Rainbow Service
10.30am Rainbow Service
at St Patrick's, Preston Patrick

Barbon

10.30am Rainbow Service
at St Patrick's, Preston Patrick
6.30pm Holy Communion

Middleton

KL Methodist Church

10.30am Morning Service with
Matthew Wraight, Capernwray Hall
7.00pm Sunday@Seven Informal
service, speaker, music and food

Cowan Bridge Methodist

11.00am Morning Service with
Mr David Piggott

2 Mon

5 Thu Kirkby Lonsdale

7pm Carols in Endmoor Village Hall
10.30am Holy Communion

8 Sun ADVENT 2

Kirkby Lonsdale

8.30am Holy Communion
11.00am Matins
6.30pm Evensong

Preston Patrick

Barbon

Hutton Roof

KL Methodist Church

9.30am Holy Communion
10.30am Holy Communion

11.00am Morning Service

10.30am Communion Service led by
Rev Wendy Thornton

Cowan Bridge Methodist

11.00am Communion Service with
Rev Richard Snow

12 Thu Kirkby Lonsdale 10.30 Holy Communion

15 Sun ADVENT 3

Kirkby Lonsdale

8.30am Holy Communion
11.00am Holy Communion
6.30pm Evensong

Preston Patrick

Lupton

Barbon

Casterton

KL Methodist Church

10am Bethlehem Scenes

9.30am Morning Service

4pm Carol Service

5pm Carol Service

10.30am Morning Service with Juliet
Burd, Kendal Circuit Local Preacher

Cowan Bridge Methodist

11.00am Morning Service with
Mrs Jenny Skinner

16 Mon Middleton

19 Thu Mansergh

Hutton Roof

20 Fri Kirkby Lonsdale

6.30pm Carol Service

6.30pm Carol Service

7.15pm Carol Service

6pm Nine Lessons and Carols

22 Sun ADVENT 4

Kirkby Lonsdale

8.30am Holy Communion

10.30am Service

at Kirkby Lonsdale Methodist Church

6.30pm Community Carol Service

2pm Nativity Service

11.00am Carol Service with

Rev Wendy Thornton

Lupton

Cowan Bridge Methodist

CHRISTMAS EVE

Barbon

Preston Patrick

4pm Crib Service

4pm Crib Service

11.30pm Christmas Communion

5.30pm Crib Service

11.30pm Christmas Communion

11.30pm Christmas Communion

Kirkby Lonsdale

Lupton

CHRISTMAS DAY

Kirkby Lonsdale

8.30am Holy Communion

11.00am Christmas Communion

10.30am Christmas Communion

10.30am Christmas Communion

11.00am Christmas Communion

11.00am Christmas Communion

10.30am Christmas Day Service led
by Rev Wendy Thornton

Barbon

Casterton

Hutton Roof

Mansergh

KL Methodist Church

26 Thu Kirkby Lonsdale

10.30am Holy Communion

29 Sun CHRISTMAS 1

Kirkby Lonsdale

8.30am Holy Communion

11.00am Carols and Readings

6.30pm Compline

9.30am Carols and Readings

10.30am Carols and Readings

10.30am Morning Service

11.00am Morning Worship with
Mr Kelsall Huddleston

Preston Patrick

Barbon

KL Methodist Church

Cowan Bridge Methodist

31 Tues Kirkby Lonsdale

5.30pm New Year's Eve Service

Unwrapping Advent

You are invited to UNWRAPPING ADVENT – a day of Advent Crafts for all ages and abilities in St Mary's Church. All free and everybody is welcome. Drop in between 11.00am and 3.30pm on Saturday 7th Dec and stay for as long as you like. Light refreshments are also available. Anyone willing to help with the craft activities or with 'cutting-out' and preparations in the weeks before, please contact Richard Snow (015242 72044).

In the Methodist Church 10am-5pm craft stalls, stocking fillers, home-made produce and pop-up café.

St Mary's Crib Service

Takes place at 5.30pm in St Mary's Church on Christmas Eve.

There will be a REHEARSAL for any children or adults who would like to take part in this service from 10.30am to 11.30am on Christmas Eve morning in St Mary's Church. There will opportunities to narrate or act. All welcome - Just turn up.



January Services

2 Thu Kirkby Lonsdale	10.30am Holy Communion	19 Sun EPIPHANY 3 Kirkby Lonsdale	8.30am Holy Communion 10.30am Ecumenical Service led by Rev Wendy Thornton for the Week of Prayer for Christian Unity at Kirkby Lonsdale Methodist Church 6.30pm Evensong 9.30am Morning Service 9.30am Plough Service 10.30am Plough Service 11.00am Morning Worship with Dr Don Spivey
5 Sun EPHIPHANY Kirkby Lonsdale	8.30am Holy Communion 11.00am Family Communion 6.30pm Evensong 9.30am Family Service 10.30am Epiphany Service 11.00am New Year Service 6.30pm Evening Service 10.30am Morning Service led by Rev Anne Pettifor 11.00am Covenant Service with Rev Wendy Thornton	Preston Patrick Lupton Barbon Cowan Bridge	
Preston Patrick Barbon Lupton Middleton KL Methodist Church			
Cowan Bridge Methodist		23 Thu Kirkby Lonsdale	10.30am Holy Communion
9 Thu Kirkby Lonsdale	10.30am Holy Communion	26 Sun EPIPHANY 3 Kirkby Lonsdale	8.30am Holy Communion 11.00 Family Service 6.30pm Compline 9.30am Holy Communion 10.30am Morning Service 10.30am Holy Communion 11.00am Holy Communion 10.30am Morning Service with Rev Derek Burnside, Principal, Capernwray Hall 11.00am Morning Worship with Mrs Maureen Timmis
12 Sun BAPTISM OF CHRIST Kirkby Lonsdale	8.30am Holy Communion 11.00am Matins 9.30am Holy Communion 10.30am Covenant Service 11.00am Plough Service 11.00am Holy Communion 6.30pm Christingle Service tbc 10.30am Morning Service with Ken Woodburn, Lancaster Free Methodist Church 7.00pm Focus Bible Teaching 11.00am Morning Worship with Mrs Juliet Burd	Preston Patrick Barbon Casterton Hutton Roof KL Methodist Church	
Preston Patrick Barbon Hutton Roof Mansergh Casterton KL Methodist Church		Cowan Bridge Methodist	
Cowan Bridge Methodist		30 Thu Kirkby Lonsdale	10.30am Holy Communion
16 Thu Kirkby Lonsdale	10.30am Holy Communion	(The type of service may change after AKL goes to print - Please check church notice boards for up to date information)	
18 Sat Kirkby Lonsdale	4.00pm Treasure Chest		



Gospel and R&B Workshop

Led by Louise Marshall, followed by Concert in St Mary's Church. Louise tours with Jools Holland, has worked with numerous musicians from Beverley Knight to Michael Ball, Bryan Ferry to Ronnie Wood and sings with The BBC Big Band, as well as with her own band.

She will be in Kirkby Lonsdale for one day only, Saturday 1st February 2020, to lead a Gospel and R&B workshop in St Mary's Church from 12.30 – 5.30pm. Louise plus a trio of musicians will then give a concert in St Mary's Church from 7.00pm where they will be joined by the Workshop Choir.

Cost to attend workshop £30 (includes evening concert).

To register for the workshop and receive payment details please email info.klsingers@gmail.com
Tickets for the evening concert, if you are not taking part in the workshop, will cost £10 and be available from Kirkby Lonsdale Tourist Information Centre (TIC) shortly.



Meet to Eat Community Cafe

Help is required at the Meet to Eat All-Age Community Café which meets each Wednesday at midday during the school term in Kirkby Lonsdale Methodist Church Hall. There is a friendly and dedicated team involved on a rota system in the running of the café and over 30 people enjoy home cooked food in a welcoming atmosphere each week.

The present leadership team is stepping back from their roles of responsibility in July when the cafe closes for the summer break and, currently, there are no replacement staff. This will mean the café will close after almost 20 years of existence. It will be a great loss to everyone – customers and staff alike – should it fold.

If you feel you could contribute to the ongoing running of the café, please call the following phone numbers 015242 71890 or 73412 for further information. Your help would be valued very much.

MyKL LOYALTY CARD OFFERS FOR DECEMBER 2019 & JANUARY 2020

www.kirkbylonsdale.co.uk/mykl

Don't forget to take your MyKL card every time you shop....

MERRY CHRISTMAS AND A HAPPY NEW YEAR

If you don't have a MyKL card yet then come into the Information & Gift shop to purchase your card and start enjoying a whole range of discounts; the more people that buy cards, the more retailers will get involved providing more offers for you to sample.

Kirkby Lonsdale Information & Gift Shop, The Old Bank, 29 Main Street, Kirkby Lonsdale. 015242 97177

THE SUN INN

**10% off food from
weekday Lunch Menu
available Tuesday – Saturday
(excludes the small bites menu)**
6 Market Street, Kirkby Lonsdale
Tel: 015242 71965

The Royal Barn · Kircabi Roasters · Kirkby Lonsdale Brewery ·

20% off
Not in conjunction with any other offers
New Road, Kirkby Lonsdale
Tel: 015242 71918

PLATO'S

25% off
for 2 people per card
**All A la Carte Menu
Between 6 - 7pm
Monday-Friday**
2 Mill Brow, Kirkby Lonsdale
Tel: 015242 74180

CARR & BLEASDALE

20% off all stock
26/8 Main Street, Kirkby Lonsdale
Tel: 015242 71261

LUNESDALE HOME & GARDEN

**10% off
Garden Fertilizers & Compost**
54/6 Main Street, Kirkby Lonsdale
Tel: 015242 72751

DALES BUTCHERS

**10% off all purchases
(not under other offers)
Monday to Wednesday**
2 Main Street, Kirkby Lonsdale
Tel: 015242 71278

THE ORANGE TREE

**10% off
any full price meals
(excludes special offers)**
9 Fairbank, Kirkby Lonsdale
Tel: 015242 71716

THE ROYAL HOTEL

**Mon to Fri lunch
10% off your bill when dining**
**Sun to Thurs evening 7-9.00 pm
10% off your bill when dining**
Main Street, Kirkby Lonsdale
Tel: 015242 71966

Kirkby Lonsdale Information & Gift Shop

**20% off
thin tapered candles**
29 Main Street, Kirkby Lonsdale
Tel: 015242 97177

CHOCOLAT FREE FESTIVE FLAVOURS BOX WORTH £6.95

When you buy a £19.95 Gift Box
3 New Road, Kirkby Lonsdale
Tel: 015242 72830

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**10% OFF
SELECTED BOOTS**
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Mindful Yoga Meditation & Movement

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**Weekly Courses in Kirkby Lonsdale,
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All welcome – no experience required

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Therapeutic, relaxing and you remain fully
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www.yoga-shiatsu.co

Number 44

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Tel: 015242 73520

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**10% off
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2 Chapel Close, Kirkby Lonsdale
Tel: 07766 711288

PARMA VIOLET

**10% off
when you spend
£20 or more**
45 Main Street, Kirkby Lonsdale
Tel: 015242 72585

Kirkby Lonsdale Chamber of Trade Members Directory Please consider joining. You can't be part of the new MyKL scheme unless you're a CoT member.

Shops

Abrahams Store

015242 72299

The Bath House (Fragrance, skincare & bathing)

015242 73189

The Book Lounge (Secondhand books & coffee shop)

015242 72319

The Card Gallery (Cards & gifts)

015242 71237

Carr & Bleasdale (Home furnishings & fabrics)

015242 71261

Chocolat (Speciality chocolates, home of the Enchanted Chocolate Mine)

015242 72830

Dales Butchers

015242 71278

Edge Of The World (Outdoor clothing, footwear & lifestyle fashion)

015242 71390

Encanto (Lifestyle boutique & interior design)

015242 72288

H.T. News (Newsagents)

015242 71357

Just n So (Quality interiors and gifts)

015242 71464

Kirkby Lonsdale Visitor Information & Gift Shop

015242 97177

La Maison (Lifestyle emporium)

015242 71223

Little Owls Emporium (traditional toy shop and children's playroom)

015242 71588

Little Walkers (Children's shoes)

015242 72726

Lunesdale Bakery

015242 71296

Lunesdale Home, Garden & Hardware

015242 72751

Parma Violet (Gift & homewares)

015242 72585

Post Office

015242 71233

Sienna Jewellery

015242 72121

Sweet Shop

015242 71570

Food, Drink & Accommodation

Avanti (Restaurant & bar)

015242 73500

The Barbon Inn

015242 76233

The Copper Kettle (Restaurant & guest house)

015242 71714

The Crossing Point Café

015242 98050

Devil's Bridge Snacks

Tel not available

Fifteen Market Square (B&B)

07900 391549

Hipping Hall (Hotel & Restaurant)

015242 71187

The Highwayman (Restaurant)

015242 73338

Mill Brow House (B & B & self catering accommodation)

015242 71615

Number FortyFour (Café)

015242 72160

The Orange Tree (Hotel, restaurant & pub)

015242 71716

Plato's (Restaurant & bar)

015242 74180

The Royal Barn (Bar & venue)

015242 71918

The Royal Hotel (Hotel and Restaurant)

015242 71966

The Sun Inn

015242 71965

Whoop Hall Hotel

015242 71284

Self Catering Accommodation

Absoluxe Suites

07944 414565

Darcy House

07968 463166

Holly Tree Cottage

07837 244 659

Jasmine Cottage

0191 478 3456

Mill House Cottages

015242 76500

New House Caravan Park

015242 71590

Woodclose Caravan Park

015242 71597

Underley Holiday Cottages

015242 72669

Specialist Services

Around Kirkby Lonsdale (AKL)

07779 728206

Checkpoint Safety (Wheel Nut Safety Products)

015242 71200

Community & Seasonal Engineering (Electrical engineers & Christmas decorations)

015395 67521

The Fairbank Society (Supported Independent Living)

015242 71077

Just Company (Companions for the elderly)

015242 72919

Kirkby Lonsdale Brewery

015242 72221

Love Beauty

015242 73520

Lunesdale Hall (Community facility)

015242 71618

Mindful Yoga & Shiatsu

07483 214210

Northern Print Distribution

015242 73907

Oglethorpe, Sturton & Gillibrand (Solicitors)

015242 71388

Orchard Financial Planning

015395 67129

QESudio (Studio School)

015242 71275

Sew What? (Sewing & embroidery)

07766 711288

Stuart Brown Graphic Design

07887 958103

Toubas (Unisex Hair Salon)

015242 74333

Wagtail Catering (Catering & home food delivery service)

01524 740955

The Wright Design (Architects)

015242 71697

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Kirkby Lonsdale Golf Club

07779 76365

Kirkby Lonsdale Rugby Club

015242 71570

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**KIRKBY
LONSDALE**

www.kirkbylonsdale.co.uk/advertise

Advertising on the Kirkby Lonsdale website is very easy, and great value for money as well. There is one simple quarterly price of £90 and each advert is shown on every page throughout the website. Kirkby Lonsdale Chamber of Trade members' enjoy a discount of 50%.

The website receives thousands of visitors every month, ranks highly in Google and is the premier source for local visitor information as well as news and events.

Book 12 months up front and you'll receive an extra 3 months of advertising for free!

Dates for your Diary

(KLLH KL Lunesdale Hall; AVH Arkholme Village Hall; KLMH Kirkby Lonsdale Methodist Hall; BVH Barbon Village Hall; CVH Casterton Village Hall; CSP Casterton School Pavilion; WVH Whittington Village Hall; HRVH Hutton Roof Village Hall; MCH Mansergh Community Hall)

MONDAY

1:30-3:30 pm Over 50s Monday Club (1st/3rd WOM) KLLH

6:00-7:30pm Brownies – KLMH

6:15-7:15pm Beavers - St Mary's Primary School

6:00pm Fascial Fitness, BVH

6:00-7:30pm Cubs - CVH

6:00-8:00pm Scouts - HRVH (fortnightly)

7:30-9:00pm Bible study group - KLMH

8-10pm Barbon Bowling Club (Mon & Thur) - BVH

TUESDAY

9.30-10.45 Mindful Yoga AVH

9:30am Ecumenical Prayer Group – KL St Marys Church

9:30-11:30am Baby/Toddler Group (Tue & Fri) – CSP

9:30am Slimming World, KLMH

10am Baby Clinic & Edward Bear (4th WOM) St Mary's Church

10:30-12:00 Sight Advice Support Group (2nd WOM) – KLMH

11:00-12:00 Age UK gentle exercise KLLH

11.15-12.30 Mindful Meditation (& Chi Gong warm up) AVH

12:30pm Over 50s Lunch Club (3rd WOM) The Orange Tree

2:15-3pm Contemp. Julian Prayer (3rd WOM) – KL St Joseph's

2-4pm Lunesdale Quilters (term time only) - BVH

2-5:00pm Barbon Bridge Club – BVH

5:30-7pm Police drop-in (1st WOM) – KL Library

6:15-7pm Adult Balletfit/Pilates Fusion KLLH

7-8:30pm Youth Group (9-13), Endmoor Village Hall (term time only)

7:20-8pm Adult Tap KLLH

7:30pm Scottish Dance Class – CVH

7-9pm Guides – St Mary's primary school

WEDNESDAY

10:30-12pm Hearing Aid clinic (3rd WOM) – KL surgery

12-2pm Meet to Eat – KLMH

2pm Carers Association (2nd WOM) – KLLH

6-8pm Mindfulness Based Living Course— Fraser Hall

7:00pm KL Town Council Meeting (2nd WOM) - KLLH

7:00pm-9:00pm Aluna Explorers (term time only) - different venues

7:00pm-10:00pm Barbon Bridge Club—BVH

7:30pm Casterton WI (1st WOM) - CVH

7:30-9:30pm Handbell Ringers Masonic Lodge (7 Fairbank)

THURSDAY

9:15-11:30am See + Know meet 0-5yrs old - KLMH

10-12am Farmer's Market (KL Square) / Country Market (KLLH)

10-12am MacMillan / Age UK drop-in (1st & 3rd WOM) Library

10-3pm KL Embroiderers' Group (3rd WOM) - BVH

2-3pm SLDC Planning Surgery - KLLH

3:30pm-7pm Children's Dance classes 3-16yrs – Fraser Hall

6:30-7:45 Mindful Yoga Sunset—BVH

7pm Boxercise – CSP

7:30-9:30pm KL Art Society Evening sessions - KLMH

8-10pm Barbon Bowling Club (Mon & Thu) - BVH

QES Police drop-in – QES

FRIDAY

9.15-10.30 Mindful Yoga Sunrise— BVH

9:30-11:30am Baby/Toddler Group (Tue & Fri) – CSP

9:30-11:30am Baby/Toddler Group Cowan Bridge Village Hall

10-11am Zumba Fitness – Whittington VH

11am-2pm Craft Group (last WOM) - Cowan Bridge Methodist Church

10:30-2pm Friendly Friday Coffee & Chat (2nd WOM) – KLMH

7:30-9:30pm Church Ringing Group – KL St Marys Church

SATURDAY

10:30-12am Fairtrade Coffee Morning (2nd WOM) – KLLH

SUNDAY

10:30am Preston Patrick Quakers, Sunday Worship

10:30am Briggflats Quakers, Children's Worship

Barbon Quiz (1st WOM)

Please let AKL know of any changes or cancellations to diary entries

Dec

Tue 3 Coffee Morning, Middleton Church, 10-11.30am

Thu 5 Tech Thursday, Churchmouse at Barbon, 10.30-12

Author talk, KL Library, 7pm

Fri 6 Christmas Fair, St Mary's School, 6-8pm

Domino Drive, MCH, 7.30pm

6-8 Christmas Fair weekend

Sat 7 Unwrapping Advent, St Mary's Church, 11-3.30pm

Craft stalls and pop-up café KL Methodist 10-5

Elf Run, Casterton sports fields, 9am

Sun 8 'A Christmas Concert', St Mary's Church, 3.30pm

Mon 9 KL & District Civic Society talk, KLLH, 7.30pm

Tue 10 'A Living Christmas', Holy Trinity Church, 7.30pm

Fri 13 Mewes Concert, St Bartholomews Church, 7.30pm

Sat 14 Antique Fair, BVH, 10-4pm

Sun 15 Bethlehem Scenes, St Patrick's Church, 10am

Carol Service, St Bartholomew's Church, 4pm

Carol Service Holy Trinity Church, 5pm

Mon 16 Middleton Carol Service, 6.30pm

Thu 19 Christmas refreshments at KL Library, 10-12.30

Carol Service, St Peter's, Mansergh, 6.30pm

Carol Service, St John's, Hutton Roof, 7.15pm

Fri 20 Festival of 9 Lessons and Carols, St Mary's, 6pm

Sat 21 KL Brass Band Concert, St Mary's Church, 4.30pm

Sun 22 Family Christmas at KL Methodist Church, 10.30am

Carol Service, Cowan Bridge Methodist, 11am

Nativity Service, All Saint's, Lupton, 2pm

Community Carol Service, St Mary's Church, 6.30pm

Tue 24 Crib Service, St Patrick's Church, 4pm

Crib Service, St Bartholomew's Church, Barbon, 4pm

Crib Service, St Mary's Church, 5.30pm

Jan

Tue 5 Coffee Morning, Middleton Church, 10-11.30am

Mon 13 KL & District Civic Society talk, KLLH, 7.30pm

Fri 24 Herbal Medicines talk, MCH, 7.30am

Fri 31 Sip Our Soup lunch, KLLH, 12-2pm

CHRISTMAS GIFT AND ENTERTAINMENT GUIDE

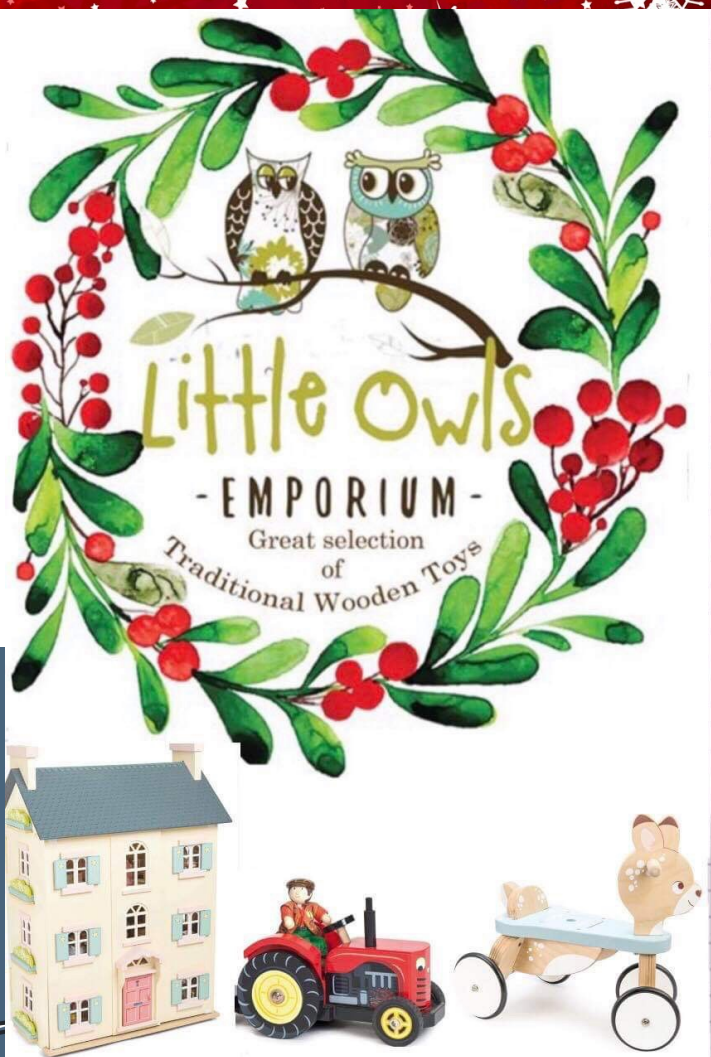
Welcome to Christmas in Kirkby Lonsdale!

In this special double issue we hope you'll find lots of events to mark on your calendar—including the town's famous Christmas Fair (6-8 December) and plenty of opportunities to enjoy some festive music and all-important carolling!

We're also hoping that you find time to explore the many wonderfully tempting treats in our town's shops and hostelries—a few of which are featured in this special gift and entertainment guide. It's more important than ever to support local businesses at this time of year—and with so much variety on offer, you may well be able to complete your Christmas wish list without ever leaving town.

Wishing you a very Merry Christmas and a Happy New Year!

(PS, the next issue of AKL will be in February 2020—see you then!)



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Chalet Village Opening Times:
Friday 6th Dec Opens at 4pm
Saturday 7th Dec 10am - late
Sunday 8th Dec 10am - 4pm

design by man on the lune




CHRISTMAS GIFT AND ENTERTAINMENT GUIDE

BOOTH'S

FOOD, WINE AND GROCERY

Grocer | Wine Merchant | Cheesemonger
Delicatessen | Fishmonger | Butcher

Dodgson Croft Road, Kirkby Lonsdale,
Cumbria, LA6 2HG

   boothscountry

CHRISTMAS AT ST MARY'S

Saturday 7th December

Unwrapping Advent

from 11am to 3.30pm

Sunday 8th December

Christmas Concert

Kirkby Lonsdale Singers. Sing Joyfully!

and the Junior Chamber Choir of
Sedbergh Prep School. 3.30pm

Friday 20th December

Festival of Nine Lessons and Carols. 6pm

Saturday 21st December

KL Brass Band Christmas Concert
4.30pm

Sunday 22nd December

Community Carol Service. 6.30pm

Weekly classes £9 & no experience needed

Mindful Yoga

Arkholme Tue 9.15-10.30am

Barbon Thu 6.15-7.30pm Fri 9.15-10.30am

Kirkby Lonsdale Fri 1.15-2.30pm

Meditation & Movement

Arkholme Tue 11am-12.15pm

Life Transitions & Healthy Menopause Workshop

Arkholme

Sat 8th Feb 10.30am-4.30pm

£79

including
cooking session & lunch

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CHRISTMAS GIFT AND ENTERTAINMENT GUIDE



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