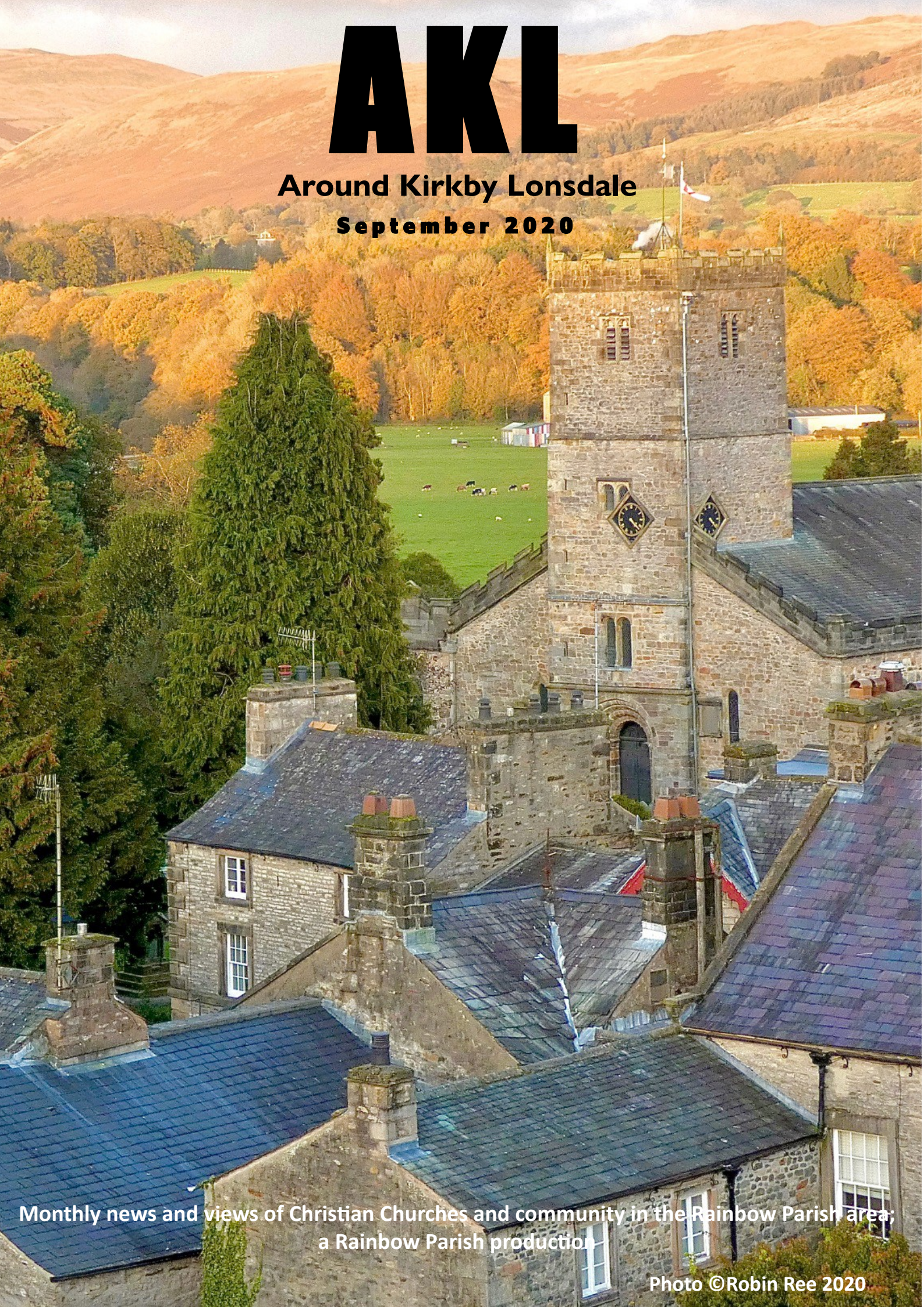


# AKL

**Around Kirkby Lonsdale**

**September 2020**




Monthly news and views of Christian Churches and community in the Rainbow Parish area;  
a Rainbow Parish production

Photo ©Robin Ree 2020



# Autumn thoughts



*The meteorological season of autumn begins on 1st September, though I hope we have several more weeks of warm and sunny summery weather yet to enjoy. The evenings are already drawing in and we know that before long we shall need to prepare for real autumn and then winter. The Church also has its seasons, Advent, Christmas, Lent, Easter, Resurrection, Ascension and Pentecost.*

Photo by Mel Ormston 2020

We all experience the seasons of life – childhood, adolescence, adulthood, middle age etc. I wonder how we feel about the changing seasons – spring, summer, autumn, major birthdays, new life beginning and ending, and especially when we feel that this is NOT OUR season even if the calendar indicates that it is!

Traditionally the teens have been considered a difficult time of transition, with the so-called mid-life crisis being another and now, I suggest, we experience a different transition time later in life. Many people now enjoy a good number of years of active retirement before great old age and deterioration of health begins to limit their activities, and it is good to prepare for that time in our lives.

I have struggled during the restrictions caused by the pandemic with the apparent ageist terminology which has crept into our language via the media and political decisions. Everything in me protests at the term the 'over 70s'. As though just because you have passed a certain birthday you are vulnerable, at risk, less able to care for yourself and make reasonable, sensible decisions about your own and others welfare. I do appreciate that the intention is to protect and support the vulnerable in our society.

We will all be concerned that the children of our land get back into school this month and are able to continue their education and flourish. It will be a joy to hear them again going to and from school and in the playgrounds. Of course, we will also be ensuring we continue to live our lives responsibly observing the recommended practices of distancing, wearing face coverings etc so that the whole of

society is safe and protected as far as possible from a further outbreak. The younger generation is important and must be nurtured to adulthood. However, I do not think any particular age group is more important than another.

In some other cultures and in the Bible older mature people are and were well respected and revered. They were regarded as having great wisdom arising from their quality of life experience and longevity. Those who are now in their eighties and older are the people who lived through the Second World War, and we rightly respect and appreciate their sacrifice, and in due course we shall honour them again. We were all impressed with Captain Tom, now knighted, who has recently spoken out about remembering VJ Day annually. Well done Captain Sir Tom! We dismiss the older generation at our peril.

God often used people in the Bible stories who were 'well advanced in years', from miraculous births to women past child-bearing age – Sarah and Elizabeth, to name two, and both Abraham and Moses were elderly when they were called into God's service. Similarly, we must value, cherish and protect all ages and stages of life. We are ALL equally valuable and special to God.

As I write this the field next to our house is being ploughed, the sight, smell and seagulls following the tractor a sure sign of the changing season. The year rolls on! How do you feel about the next season in your life – autumn/winter or a milestone birthday? Are you preparing for it or ignoring it?

Rev. Sue O'Loughlin

## A Note from the Editor

Summer's over in a flash and suddenly we're welcoming autumn, its coppery hues gradually replacing the emerald and blue of a sunny riverside walk.

We're all hoping for an equally gentle return to normal life in our beautiful town. Many of the usual events have, of course, been cancelled. But, as our churches, shops and restaurants begin to flourish again, let's pray there's plenty of good times to come.

Thanks to all our contributors this month—I always enjoy reading your submissions and looking through your pictures.

One reader asked if we could include more sport. Robin Ree has kindly agreed to act as our sports correspondent, so if anyone who's part of a sports club in town—football, RUFC, netball, tennis, cricket, bowls etc—please consider sending a short report to Robin each month: robin.ree@mrrobin.co.uk. Submissions deadline is the 15th of each month for the following month's issue.

Wishing everyone—including all the youngsters returning to school this month—the very best health and happiness.

*Diane Nowell*

### THE CHURCH OF ENGLAND

**Rainbow Team:** Rector: Revd Richard Snow, The Rectory, Vicarage Lane, Kirkby Lonsdale, LA6 2BA, 015242 72044, rector@therainbowparish.org. Team Vicar: Revd Wendy Thornton, The Vicarage, Vicarage Lane, Kirkby Lonsdale LA6 2BA, 015242 73570, wendy.thornton@methodist.org.uk. Team Vicar: Revd Anne Pettifor, Stonebeck, Fairbank, Kirkby Lonsdale LA6 2DU 015242 71904, anne@therainbowparish.org. Distinctive Deacon: Revd Sue O'Loughlin, Elm Cottage, Elmsfield Lane, Holme, LA6 1RN, 015395 84028, sueoloughlin.so@gmail.com. Lay Readers: Mrs Liz Dew, 9 Burton Park, Burton in Kendal, LA6 1JB, 01524 781645, mrs.lizdew42@outlook.com; Mr Alan Cox, Stedman House, 3 Hunter St, Carnforth LA5 9BP, 01524 735188, stedmanhse@gmail.com. Parish Administrator: Mrs Vicky Hazlett, Parish Office, 1 Bective Road, Kirkby Lonsdale, LA6 2BG, 015242 71320, office@therainbowparish.org. PCC Lay Chair: Mr Merlin Hibbs, Low Fell House, Barbon, LA6 2LJ, 015242 76410, merlin@hibbs.org.uk. PCC Treasurer: Mr Robert Cass, 17 Mitchelgate, Kirkby Lonsdale, Carnforth, LA6 2BE, 015242 71218, pcc@casses.plus.com.

**Barbon:** DCC Secretary: Mrs Mary Goldie, 11 The Maltings, Whittington, LA6 2NJ, 015242 73839, marygoldie@icloud.com; DCC Treasurer: Mr Roger Groves, Kemp's Hill, Moorthwaite Lane, Barbon, LA6 2LP, 015242 76322, roger@kempshill.co.uk. Churchwarden: Mr Charles Howarth, 3 School Lane, Barbon, LA6 2LP, 015242 76283, c-howarth2@sky.com.

**Casterton:** DCC Secretary: Mrs Gill Sykes, Old Manor, High Casterton, LA6 2SD, 015242 72143, gillsykes.casterton@virgin.net. DCC Treasurer: vacancy—contact PCC treasurer, above. Churchwarden: Stephen Evans, The Old Vicarage, Casterton, LA6 2SA, 07973 173546, stephen@evanshart.co.uk.

**Hutton Roof:** DCC Treasurer: Mrs Paula Hall, Kilnerfoot, Hutton Roof LA6 2PQ, 015242 71268, phall355@btinternet.com

**Kirkby Lonsdale:** DCC Secretary: Ms Diane Nowell, 57 Fairgarth Drive, Kirkby Lonsdale LA6 2FB, 015242 73636, diane@copywritten.co.uk. DCC Treasurer: vacancy—contact PCC treasurer, above. Churchwardens: Mrs Anne Foulerton, Gatelands, High Biggins, LA6 2NP, 015242 71281, afoulerton@hotmail.com; Mrs Maggie Venys, 8 Bective Road, Kirkby Lonsdale, LA6 2BG, 07980 009162, t\_mvenys@icloud.com.

**Lupton:** DCC Secretary: Mrs Eleanor Higton, Hill Crest, Cow Brow, Lupton, LA6 1PJ 015395 67521, eleanor\_higton@yahoo.co.uk. DCC Treasurer: Mr Arthur Oakden, Tarnside House, Lupton, LA6 2PP, 015395 66945, lindseyoakden@hotmail.co.uk. Churchwardens: Mrs Margaret Lambert, Brow Head, Cow Brow, Lupton, LA6 1PJ, 015395 67478; Mrs Grace Lewis, Middle Fell House, Lupton, LA6 2QB, 015395 67406.

**Mansergh:** DCC Secretary: Mrs Sue Harrison, Belle Vue Farmhouse, Mansergh, LA6 2EJ, 015242 72448, harrison.bellevue@btinternet.com. DCC Treasurer: Mrs Ann Humphries, The Gate House, Old Stable Yard, Rigmaden, Mansergh, LA6 2ET, 015242 76526, ahumphries500@gmail.com. Churchwardens: Mrs Wendy Hadwin, Mansergh Hall Farm, Mansergh, LA6 2EN, 015242 71397.

**Middleton:** DCC Secretary and Treasurer: Mrs Anne Dehany, Smailthorn, Middleton, LA6 2LY, 015242 76075, anne.dehany@gmail.com.

**Preston Patrick:** DCC Secretary: Mrs Valerie Kos; DCC Treasurer: Mrs Tina Allen, 3 Gatebeck Cottages, Gatebeck, LA8 0HR, 015395 67687, tina.allen812@gmail.com. Churchwardens: Mr Anthony Mason, Mount Pleasant, Gatebeck, LA8 0HS, 03301135289, masonsmp@btinternet.com; Mrs Sue Sanderson, The Old School, Knott Edge, Crooklands, LA7 7NR, 015395 66967, susansanderson@live.co.uk.

**C. OF E. SCHOOLS:** St Mary's Primary, Kendal Rd, Kirkby Lonsdale, LA6 2DN, 015242 71334. St Patrick's, Endmoor, Kendal, LA8 0HH, 015395 67388.

**CHURCHES IN LUNSDALE FAMILY PROJECT:** Project Leader Miss Lol Wood, 07413 689311, lol@cilfamilyproject.org.

**THE METHODIST CHURCH:** Rev Wendy Thornton, Kendal Methodist Circuit, 015242 73570 or mobile 07788 653 000, wendy.thornton@methodist.org.uk.

**ST JOSEPH'S RC CHURCH:** Back Lane, Kirkby Lonsdale. Sunday Mass, 9am. During the week, as announced. Parish Priest Canon Luiz Ruscillo, The Presbytery, St Mary's RC Church, Hornby. Tel. 015242 21246.

**FRIENDS' MEETING HOUSE:** Preston Patrick Sundays 10.30, Warden 015395 61163. Brigflatts Sundays 10.30am, Warden 015396 20005.

**VOLUNTEER DRIVER SCHEME:** 07788 52 25 11

**CUMBRIA POLICE:** Emergency 999, non-emergency 101

### Deadline for Oct AKL: Midday Tue 15 Sep

Please email submissions to [akl@kirkbylonsdale.co.uk](mailto:akl@kirkbylonsdale.co.uk).  
**Editorial matters:** Contact the editorial team at [akl@kirkbylonsdale.co.uk](mailto:akl@kirkbylonsdale.co.uk)

**Advertising:** For classified accounts, email [akladverts@gmail.com](mailto:akladverts@gmail.com).

For **colour ads and all other advertising matters:** email [akladvertising@kirkbylonsdale.co.uk](mailto:akladvertising@kirkbylonsdale.co.uk).

## View from the Bridge

Four months on and with many restrictions now lifted, social distancing should be quite simple to follow. Sadly it is something that day trippers seem to want to ignore. New signs have gone up around the town but the consequences mean that our team of volunteers manning the phones and collecting provisions and prescriptions are kept as busy as ever by many of our vulnerable who are reluctant to venture out. Eight people man the phones on a rota basis with a further 35 collecting and delivering. We are lucky to have such good coverage, especially as many of the earlier band have had to return to their normal routine of work.

Let us not be complacent; this virus is still out there so we must be vigilant. Many countries are now paying the price of opening up too quickly and we are not that far behind. I am sure you will all join in offering our grateful thanks to our team of volunteers and to the many unsung heroes in our community.

The town council meeting on the 12th was held on Zoom and is proving popular with our residents if only to put a face to a name! We do have one or two well-known faces that get targeted, especially when you live in town. The secret is to go out before the town rises – I find it helps but then your phone rings...

I quiet enjoy the challenge trying to help somebody; it is what we are here for. No guarantees that we can give you an on the spot answer, but we try. Queries can always be sent direct to the Town Clerk. Rev Kevin Price. kevtherev7@hotmail.com

The council voted to support the Friends of St Mary's church yard appeal towards a new mower and the Lunesdale Hall also received financial support towards the extensive repairs on the roof and exterior painting. The minutes will be published on the town notice board shortly.

Official signs warning against dog fouling have been acquired from SLDC. Some are up in the town and our contractor is looking to be able to use these along the riverside path. A question has been raised whether cycling is permitted along the riverside path? the answer is 'no' the path is not suitable on many parts for cycling or horse riding indicated by the YDNP signs.

This month's Lunesdale Hall 100 club winning numbers are 139, 09, 83. Finally thank you to my fellow Councilors, our editor Diane and the small army of volunteers that keeps our churchyard looking cared for.

Stay safe and best wishes

*Cllr. Geoffrey Buswell*

## Picture Poser



Where is this tiny window to be found?

Answer in next month's AKL!

Thanks to Robin Ree for his intriguing 'Picture Posers'!

Last month: the owl's head was of course in the children's playground—though it's no longer there!

## Face-to-face scouting is back!

Well it was at time of writing. Subject to strict risk assessments and procedures, and limited to outdoor groups of 15, physical meetings are restarting. Not that a large number of us haven't enjoyed our virtual meetings: Saturday morning breakfasts, online games, virtual training, escape rooms, family camps. And these will continue as we develop a more varied and exciting programme.

Scouting is all about tackling issues, grabbing opportunities and continually learning; and that's just for the leaders #SkillsForLife. We've benefited from a number of new young leaders who have just started work or University and want to give back for what they gained through scouting. While this will continue we do need more help for our face-to-face Beaver team (6-8 year olds) and any adults interested should contact me.

We're now open for new boys and girls from age 6 to 18; we have a section for you. We promise fun, adventure and challenges. We promise to develop everyone as individuals, team players and leaders. We just can't promise how, we just promise to find a way.

Skip (Nigel Bradshaw)

kirkby\_lonsdale\_scouts@live.co.uk

015242 73722





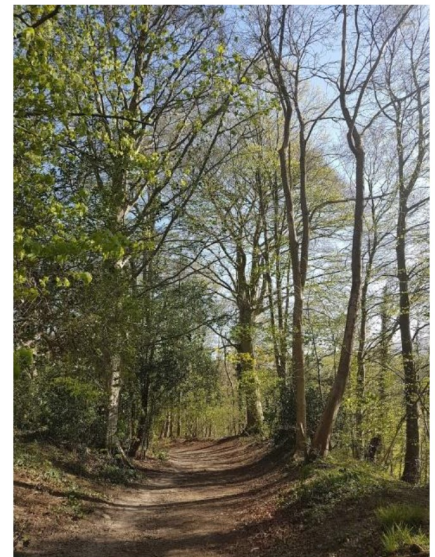
*"The valley of the Lune at Kirkby is one of the loveliest scenes in England—therefore, in the world. Whatever moorland hill, and sweet river, and English forest foliage can be at their best, is gathered there; and chiefly seen from the steep bank which falls to the stream side from the upper part of the town itself. There, a path leads from the churchyard out of which Turner made his drawing of the valley, along the brow of the wooded bank, to open downs beyond; a little bye footpath on the right descending steeply through the woods to a spring among the rocks of the shore."*

*John Ruskin, April 1875*



To find Ruskin's view, walk along Main Street from the Market Square, follow the road round to the left, and turn right at the Sun Inn. Go through the wrought iron gates into the churchyard, then straight ahead past the west end of the church and diagonally across to the gazebo. Walk past the Radical Steps that lead down to the river, and take a seat on one of the benches, taking time to absorb the view of the "moorland hill" and "sweet river" before continuing "along the brow of the wooded bank".

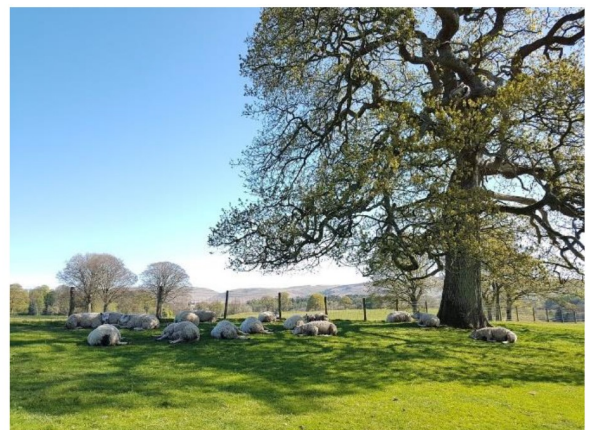
From here you have two choices: shortly after you enter the woodland, go through the gate on the left into the rugby club. Follow the path and track through the grounds and then walk down a residential road.



For a longer walk, continue through the wood to a kissing gate, and over a small bridge to the tree below. Follow the fence line and waymarking to the buildings of former Underley Home Farm. Turn left to walk past a small reservoir that used to provide power for the sawmill.

Both walks will bring you out onto the road between Kirkby Lonsdale to Kendal via the hamlet of Old Town. Turn left to walk back to Kirkby Lonsdale.

*Tess Pike, Blue Badge Tourist Guide*





## The Church in and around Kirkby Lonsdale

*Eleven churches comprising Anglican, Methodist and Roman Catholic congregations, committed to growing as disciples and serving our communities together.*

### Reopening Churches

We continue to review the government and church guidance on opening the church buildings and are treading a cautious path in setting up more activities. Details are on our [kl.church](http://kl.church) website and also the individual church websites.

### Rainbow Churches

St Mary's and St Patrick's have been open for a Sunday morning service during August and this will continue for the foreseeable future (9:30 am for St Patrick's and 11:00 am for St Mary's). St Mary's is also open for private prayer, Monday – Friday, 10:00 am – 12:00 noon and St Peter's, Mansergh is open at any time for private prayer.

During September we hope to open more churches for private prayer and for some services. Details will be on the [kl.church](http://kl.church) website.

### Methodist Churches

#### Kirkby Lonsdale MC Church Hall

Following our thorough risk assessment, we are now able to open the Church Hall with Covid secure measures in place. Initially we are trialling one community group and plan to re-introduce other groups as we are able. Thank you for your patience and understanding as we have worked out how to safely manage the building.

### Worship

Unfortunately for the short term we are unable to use the KL Methodist Worship space until the ventilation can be improved. St Mary's has kindly offered their building for us to use.

Sunday 6th September will be our first gathering at 12.00pm with the following Sundays will at 9.30am. Please see our website [klmethodist.church](http://klmethodist.church) or [kl.church](http://kl.church) for the most up to date information.

### Cowan Bridge Chapel

The Chapel is aiming to re-open on Sunday 11th October.

### St Joseph's Church

St Joseph's is celebrating Mass on Sundays at 9:00am and also on Wednesday evening at 6:30pm. St Joseph's church is open for private prayer at other times. Please see our website <https://www.lunevalleycatholics.org.uk>

### kl.church - Online Worship

We continue to provide the recorded services for those of our community who are unable to attend services on our website <http://kl.church>. We are also pleased to connect with those who have joined us for worship from different places.

## Meet to Eat

Meet to Eat closed on 11th March this year and will not be opening in September as is the usual pattern—perhaps not at all this calendar year.

The main reason being that it is not safe enough for everyone to attend in any capacity even if the Methodist Church Hall was available to us. Also, we may not be able to staff the lunches as we have previously because, like everyone else, the staff has been affected personally by the restrictions placed on the population in general.

Meet to Eat is still looking for people to join the staff team, perhaps even more so now, and in particular to take a position of shared responsibility to lead. If you feel you could be involved please contact Marion 71890, Glynis 73412 or Anna 71871.

To all who supported Meet to Eat we are sorry we have not been able to be together over the last few months but be assured out of sight is not out of mind and it has been a great loss for the staff as much as anyone else. Hopefully, there will be better news regarding reopening in the near future.

*Meet to Eat team*

## Friends of St Mary's

Bric-a-Brac Stall December 4th, 5th And 6th 2020.

I am really disappointed to say that The Friends feel that we cannot carry on with our annual bric-a-brac stall this December. Obviously, coronavirus has caused many cancellations and this is one more. It would be impossible to observe social distancing, and of course no one wants to buy something from the stall without picking it up and examining it, and that would not be possible. It has been five months since lockdown, and who knows how long this will go on.

However, we will be back next year – so please, save your bric-a-brac until then. Many thanks to you all for your continued support.

*Pat France, Chairman of the Friends of St. Mary's*



## Family Project

I have found these last few months have left me changing the way I plan my social life. Before Covid-19 I was someone who had weekends booked in advance for months on end. Now I tend to look a couple of weeks ahead at a time. Some of this is because I have slowed down as life has, in some ways, got more complicated and in other ways become simpler. I also do not miss the life I had where my weekends were completely booked up with me travelling large distances to see friends and family. I am enjoying quieter and more locally based weekends. It has given me a new appreciation of the place I live and the people I live near too. I wonder if you also have felt the same?

Planning for events with the Family Project has also been tricky because I am aware that others are feeling like I am; that they do not want to or can't plan too far in advance. That is why the event we are offering this September is one which we hope you can come to easily. It is local and has the aim of being relaxing, simple and hopefully energy giving. It is for everyone; although this event is under the Family Project banner, it is for single folk, families, retired people, tired folk, energetic people, those feeling lost and those who are feeling more centred. All are welcome. Telling us a few days before, via email, is fine. We recognise that planning in advance may be difficult for some. Letting us know you are coming is merely so we can communicate to you if an event is cancelled due to poor weather, Covid regulation changes or if the spaces are already filled for the event.

This September we hope to offer the local community in and around Kirkby Lonsdale a Messy Church Picnic. It will take place on the Glebe Field, which is near Ruskin's view.

Messy Church will be held at 4pm on Sunday 20th September. Please bring your own seating, food and drink.

This will be an opportunity to gather as a Messy Family once more. We shall have socially distanced spaces pre-arranged so on arrival we will direct you to a space to set up! There will also be a QR code scanning trail to follow so you may wish to download a QR code app before you come. If you would like to book a place at this event email me at [lol@cilfamilyproject.org](mailto:lol@cilfamilyproject.org). All are welcome.

Looking further ahead, you may remember in my last article I mentioned Muddy Church! We have now moved this to October so please keep an eye open next month for more information.

I hope to see some of you at the picnic. If I don't, I hope you are well and doing whatever helps you feel joy, love and connected to yourself, humanity and maybe even God.

Lol

## Borderlands Voucher Deal

The Digital Borderlands rural voucher top-up scheme has now been launched in Cumbria, offering additional funding to help eligible rural businesses and residents connect to gigabit-capable broadband. Homes and businesses with broadband speeds of less than 30Mbps can use vouchers to support the cost of installing new gigabit-capable connections when part of a group project. Businesses can use gigabit broadband to come up with better service for their customers while helping their staff work more flexibly and saving money by reducing travel costs.

Further information is available here: [www.borderlandsgrowth.com/Digital-Voucher-Scheme](http://www.borderlandsgrowth.com/Digital-Voucher-Scheme)

Digital Borderlands Voucher Scheme  
[www.borderlandsgrowth.com](http://www.borderlandsgrowth.com)

This funding will be a 'top up' to the Government's Rural Gigabit Connectivity Voucher scheme.



## Guided Walks in Kirkby Lonsdale's Churchyard

If you're interested in Kirkby Lonsdale and its history, please join me on a guided walk in aid of the military charity that supports the families of Soldiers, Sailors and Airmen (SSAFA). Although themed around World War I, I adapt my tours to my audience and also welcome families with school age children. Walks are scheduled on Tuesdays 1<sup>st</sup> and 15<sup>th</sup> September at 3:00pm.

Please book by emailing me at [Tess.Pike@btinternet.com](mailto:Tess.Pike@btinternet.com) (or calling 015242 72530). If you would like to for an organised group on a different day, please do let me know.

£7 minimum donation requested.



## News from the CIC

### Visitor Information Centre

The Visitor Information Centre is now open six days a week on reduced hours. We are currently closed on Wednesdays but aim to return to full hours as soon as possible.

We have a new edition of the popular town map, produced by the Civic Society, which now highlights the town's old hostelrys, many of which are now premises of an entirely different nature. The map introduces a trail where you look out for tankard icons fixed to former premises. The maps cost £1 and are a great souvenir of the town.

We plan to reopen the Vault Story Bank soon, with some changes for viewer safety. We also hope to bring the films to life around town through a series of QR codes in relevant spots so they can be triggered by a smart phone.

### Guided Walks

We are offering town guided walks with our specially trained guides on the first and third Friday and Saturday of each month. The walks start at the Monument in Market Square at 11.30am and last 40 minutes. Adults £5, children and well behaved dogs free. Maximum limit for a tour is six. Private tours may be available on request.

Book by calling in or phoning Visitor Information (015242 97177) or message us on FB @kirkbylonsdale or through the website <https://kirkbylonsdale.info/>

### Poetry Festival

This will use technology known as the mythogram.

Two elements of our Poetry Festival are going ahead. We have commissioned four of Cumbria's most talented poets to provide their modern take on Ruskin's View. Matt Sowerby, Hannah Hodgson, Katie Hale and Karen Lloyd will be recording their poems with BBC radio as part of the BBC's Contains Strong Language festival. We will be playing them out at Ruskin's View on mythograms – a modern, stylised version of the old gramophone. This socially distanced event will take place all day on Saturday 26th September. Don't miss the opportunity to come along and have a listen.

We will also be featuring poet and comedian Kate Fox with a newly commissioned show:

'Kate Fox once thought receiving a positive diagnosis for autism had as much a chance of happening as a female Doctor Who. As such, since the Doctor's 13th

incarnation (played by Jodie Whittaker) in 2018, Kate's life has changed quite a bit. Her uproarious and smart hour-long show looks at autism and Asperger's through the theme of Doctor Who, as Kate takes us through the ways the venerable sci-fi show has shaped her view of the world. Kate Fox is a stand-up poet and broadcaster, a regular voice on Radio 4 and a "gentle activist" and campaigner for the voices of Northerners, the working class, women and the neurodiverse to be heard.'

We have thirty free tickets for Kate's performance at Lunesdale Hall on Saturday 26th September at 7.30pm. If you would like to attend please call Visitor Information on 015242 97177 and leave your name and number and we will get back to you. Or contact us via our Facebook page @kirkbylonsdale or the website <https://kirkbylonsdale.info/>

Although much of our spoken word festival had to be cancelled due to Covid-19 restrictions, we plan to re-schedule the live events and workshops next year. Please watch this space for more details.

### Christmas Fayre

We hope to give the town and its visitors some form of Christmas Fayre but, at the time of writing, it's impossible to confirm any details as rules and guidance are changing so quickly. We do aim to have Christmas Lights. We will bring you news in further AKLs.

### Charter Market

We are pleased to see more people enjoying our weekly Charter Market which is going from strength to strength under the new management of Geraud. We want to showcase local talent and products and always welcome local stalls. If you would like to enquire about a stall please contact Janet Nuttall by emailing [lovethelune@gmail.com](mailto:lovethelune@gmail.com).

The CIC team

## Christmas Fair

North West Cancer Research.

Please note that due to the uncertainty caused by the corona virus, the Kirkby Lonsdale Committee have decided to cancel November's Christmas Fair. We feel that we cannot expect all our regular supporters to risk their health in this setting. We hope to be able to have a similar event next year.

Thankyou to everyone who would normally attend and those who assist us.

*Daphne Peel*



## Lunesdale Hall News

A return to (the new) normal

Our five therapists have now returned to Lunesdale Hall and from September 1st we are working towards a staged reopening of the rest of the building after lockdown. The Hall Committee has worked hard over the summer on risk assessments and guidelines to comply with complex advice and safety rules for all of the UK's halls.

We are asking all groups, societies and private hirers to read our COVID-19 Special Conditions of Hire before setting up, adhering to the sanitizing and social distancing procedures we have now put in place. These conditions will ping into the in-box of all hirers upon booking the hall.

We look forward to the eventual return of all the groups and individuals who used the hall before lockdown and welcome any newcomers. If you have a group, society or an idea for a socially distanced private event please get in touch as we would love to host you. Contact [lunesdalehallbookings@gmail.com](mailto:lunesdalehallbookings@gmail.com) or send us a message on Facebook @lunesdalehall.

### Improvements

Your hall has had a face lift!

Prior to lockdown we made significant improvements to the interior of the building including installation of a high quality sound system, new curtains and freshly repainted walls. We then got to work on the roof and the main door.

Our next project is a lighting system, with uplighters and dimmers that will transform the atmosphere in the hall for users. Don't be surprised if your karate or fitness session comes with a glow in the future that isn't about the perspiration!

### Connect with us

We have established a new Facebook page to bring you news of events in 2020 and 2021. Please follow and like our page so we can get the word out. Our contact details are also on the town website <https://kirkbylonsdale.info/>; don't hesitate to get in touch if you have a query.

The Hall Committee is dedicated to making Lunesdale Hall an inclusive, safe venue for all who step through its new and improved doorway. Please join us in using it this autumn and winter.

*The Lunesdale Hall Committee*

## The Book Lounge

Proud to be the Winner of the National Book Tokens Bookshop of the Month August 2020.

In August I had the good news from National Book Tokens that my bookshop had won the Caboodle Bookshop of the Month for August 2020. Caboodle is the National Book Tokens website that keeps members up to date with new publications, competitions and local offers. Localised emails are sent out when new offers in your area are listed, some being exclusive to Caboodle members. I won the award, along with a luxury food and wine hamper, due to my active use of Caboodle, offers, social media and shop profile. Here's the web address if you want to know more about Caboodle. <https://caboodle.nationalbooktokens.com/home>

We also had a visit from Matson Taylor, author of "The Miseducation of Evie Epworth", a Radio 2 Book Club pick. He popped in whilst passing through the area to visit family. I have a few signed copies available. Thank you everyone for your support.

*Valerie*

## Kirkby Lonsdale Community Hub

The Community Hub line continues to be open and busy. If you are self-isolating for reasons of health or travel quarantine, aren't able to get out of your house, just don't feel comfortable about going out at the moment, or are a key worker or care worker who is short of time, then please give us a ring and we will find a volunteer to help with shopping, picking up prescriptions or anything else practical (if we possibly can). In the past month, in addition to shopping and prescriptions, we have delivered items to the post office, laundrette and bank for local residents. We can also put you in touch with one of our listeners if you're feeling isolated or lonely, or just fancy having a chat with someone friendly.

The Hub line 015242 36404 is open from Monday to Friday, from 10am to 1pm, and your call will be answered by one of our friendly telephone volunteers who will locate a volunteer who is able to help with your request. There is no charge for this service. We want to say a huge thank you to every volunteer who has helped the Community Hub since we started at the end of March. A number of volunteers have had to step down as they have returned to work or studies or because their circumstances have changed for other reasons. Thanks to all your efforts, we have been able to meet nearly 700 requests from our community, a sign of the real strength of the town we are fortunate to live in.



## KLRUFC: A brief history (Part Three)



The last thirty years have probably been the most eventful in the club's 143-year history. The latest, and by far the most significant development was the acquisition of our ground, thanks to a benefactor whose generosity has preserved rugby for all time in the town. The new club house, 1986 with its improvements 1996, enabled us to create a facility which provides not only first-class playing and changing facilities but also a social centre for our community to enjoy.

During these later years a strong overseas connection developed. Tom Roston was the first in the early eighties, while Mark Turfrey and Grant Angus had a major input in the early nineties. A significant factor was the formation of the Friends of KLRUFC, which helped fund accommodation for overseas players. Jobs were often provided by local businesses. Thus the visiting players were able to be self-sufficient during their stay.

September 1st 1985 the club made a bit of rugby history when they travelled to Cockermouth to play the first ever Rugby Union League match. In 1985 the Courage leagues were formed and so began the club's steady climb through the leagues. The greatest achievement came in the season 2016-17. On April 22nd 2017 Kirkby beat Blackburn at Underley Park 22-7 to round off a memorable season to take top spot in North 1 West and gain promotion to the Northern Premier League. That season we won all 26 matches and scored nearly 1200 points. Since then we have held our own against clubs of the calibre of Preston Grasshoppers, Ilkley, Harrogate, Blaydon and other top clubs in the north east.

Much of this success was down to Mike Nelson's coaching and motivating. Mike was head of PE at QES. He coached for almost thirty years and raised the standards of play throughout the club. He was succeeded by John Pickthall in 2013 who built on these foundations which led to the last promotion to the NPL.

When John retired the club took the decision to appoint a player coach, Scott Armstrong who came with a wealth of experience, playing for Northampton at the highest level. Ben Muschamp was appointed General Manager. Pete Kyles has continued in his role heading the catering team of hard-working volunteers and taking the additional job of clubhouse and ground management.

Our Development and Wanderers teams are to be congratulated on coming top of their leagues and being promoted. The Development squad will play in the North West Intermediate Leagues Premier League against some of the senior clubs in the north west and will face the strongest of challenges. The Wanderers have been promoted to N.W. Intermediate League 3 North.

All our players are looking forward to a new season with all its fresh challenges. Our Development and Wanderers squads are particularly looking forward to the new experiences that their promotions will bring. Campers and caravanners are now welcome again and the gym is open. Hopefully our community will once again be able to enjoy the facilities that Kirkby rugby club have always been glad to share. Keep safe everyone.

*Mike Martindale and Jim Thompson*



## Kirkby Lonsdale WI

The big question over the last few weeks as lockdown eases has been: if and when our KLWI meetings will resume. We are monitoring government guidelines as well as advice from our own Federation – CFWFI—to ensure the health and wellbeing of our members. We have also asked our members who have decided they would like to wait until next year to restart meetings. To keep us all busy over the next few months we are resuming monthly competitions – for WI members only.

October: A decorated, homemade, Halloween biscuit, to be delivered in a sealed sandwich / freezer bag.

November: A decorated, handmade Chinese paper lantern - to be delivered in a tied carrier bag

December: A decorated, hanging Christmas tree decoration dolly peg - to be delivered in a tied carrier bag (NB: No previous entries will be permitted)

January 2021: A handmade, painted/drawn 'Happy New Year from Kirkby Lonsdale' postcard - to be delivered in a sealed envelope or sandwich/freezer bag.

Named entries are to be delivered from 1st-10th of each month to Chrissy, our Competition Secretary: Corner Cottage, 13 New Road. Please deposit in the competitions box by the front door. Note the time of delivery on your entry so it can be quarantined for the required amount of time. Winning entries will be included in our gallery on our website, social media and in AKL.

Please take care and stay safe. Amanda and the KLWI Committee

## KL Gardening Association

Morning dew is settling on the lawn, fruit trees are laden, sloes and blackberries are asking to be picked in the hedgerows and our gardens are also reflecting the season's change.

We've had different extremes of weather in our gardens this summer, from excessive heat in May and June to torrential downpours in July with a mixture of the two in August and our gardens are still looking good with all the tender care we've had time to devote to them – but no garden trips for us this summer! Fingers crossed that next summer we will be back to garden visits and our Annual Show.

Reluctantly we have decided to cancel our evening talks for the rest of this year. Our plan is to resume the programme of events in February with our AGM and speaker. We have also decided not to collect subscriptions for this year 2020-21 but will collect next March as usual for next year. Any subscriptions already collected for this year will be held over to the following year.

We now have a KL Gardening Association email contact, should you wish to receive information by email please register your interest by sending an email to: [kirkbylonsdalega@gmail.com](mailto:kirkbylonsdalega@gmail.com). New members are always welcome to join our group - contact either via the email address or by phone to Membership Secretary, Maureen Dwyer, tel (015242) 72594.

Meanwhile continue enjoying your gardens!

Margaret Clarke, Events Secretary Tel 015242 72045

## Flags

Recently we raised flags at the Lunesdale Hall to pay tribute to VE Day. Black Tot Day, July 31st was to mourn the day 1970 when the Royal Navy daily rum ration was abolished!

George Cross Malta – August 1942, 14 ships including tanker Ohio sailed for Malta with desperate critical supplies. The convoy was attacked and only 5 ships survived including Ohio. The crews suffered heavy casualties.

Battle of Britain – August 13 to September 17.

Japanese surrender signed in Singapore – September 2 1945.

Merchant Navy Day – September 3. Proudly we raise the Red Ensign as a tribute to Merchant Seafarers (civilians) past and present. 1939/45 casualties were high. Total Merchantmen 62,933 including UK 31,908 and Royal Navy D.E.M.S. 2,713 and Maritime Regt. R.A. 1,222. To this day we rely on the Merchant Navy landing 95% of our imports.

Alan Day





MyKL

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Leave your name and number and we will call  
back

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Wednesday 9am - 12  
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Free local delivery for purchases over £20

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## Little Walkers

### Congratulations



*To the winner of the "Win A Bike" competition*

*18 Market Street, Kirkby Lonsdale  
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Tel: 015242 72726*

## The Book Lounge

**Winner of the National Book Tokens  
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**Thank you everyone**

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## The Royal Hotel

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open for 7 days a week for  
coffee, lunch and dinner

To reserve a table, either email or call on:  
[info@royalhotelkirkbylonsdale.co.uk](mailto:info@royalhotelkirkbylonsdale.co.uk)  
**Tel: 015242 71966**

*Main Street, Kirkby Lonsdale*

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Tel: 015242 72538  
Tel: 07903681334

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Email: [orders@lamaison.co.uk](mailto:orders@lamaison.co.uk)

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We look forward to seeing you! x

45 Main Street, Kirkby Lonsdale

## Westmorland Veterinary Group

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You can place orders for food, medications and parasite treatment by phone or email. Social distancing procedures are in place so please ring if your pet needs any treatment and we will be happy to help.

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Tel: 015242 71221

Email:  
[kirkbyprescriptions@westmorland-vets.co.uk](mailto:kirkbyprescriptions@westmorland-vets.co.uk)

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### Advice Planning Management

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We are here to help you and can offer a free, no obligation, financial health check.

For more information call Paul Clifford on  
07811 661699 or 015242 79062

#### Online Events

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Bank House, 55 Main Street, Kirkby Lonsdale

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36a Main Street, Kirby Lonsdale  
Tel: 015242 73014





Photo by Jeanette Lawrence



Photo by Chrissy Davis

## KL in Lockdown

*Have you walked in Kirkby's streets  
While we have been in lockdown?  
Deserted all along the way  
A ghostly little town.*

*All these weeks of isolation  
Social distancing in place  
May see a friend and have a chat  
Two metres apart, not face to face.*

*Our supermarket has done its best  
To keep us safe while shopping  
Numbers controlled and trolleys cleaned  
And social distanced queuing.*

*Perspex shields at all the tills  
Sanitizers in and out  
Strips on the floor to show the way  
Well signed so not in doubt.*

*Other traders in the town  
Have exceeded expectations  
With volunteers delivering food  
To those in isolation*

*With lockdown slowly easing  
We look towards a normal – new  
When we can once again meet friends  
A pleasure overdue.*

Ruth Whitehead





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